

JANUARY, 1970

CREATIVE THOUGHT®



FOR EACH DAY

RELIGIOUS
SCIENCE®

35¢

THOUGHTS FROM THE EDITOR . . .

FAITH FLUCTUATES. Riding on its crest, we know that with God all things are possible. But when the tide ebbs we question — if not Divinity itself — our private access to Divine power.

Spiritual mind treatment, such as contained in this magazine, is a proven method of lifting us from the lower planes of faith. We should always remember that the greatest spiritual energies we have ever experienced are forever within us, ready to be reactivated and surpassed. Spiritual mind treatment, by its affirmation of the highest truths known, takes hold of our states of unbelief and raises them to the upper levels of certainty.

Your persistence in declaring the inviolability of *perfect God, perfect man, perfect being*, is your greatest ally against your own worst enemy, the doldrums of non-faith. These sly and self-defeating moods beset us not to be taken for granted but to be transcended. Let daily spiritual mind treatment sustain you at ever higher levels of faith, where Divine power flows full and free.

Elena Goforth Whitehead

You and Your Good Are One

WE ARE immersed in an infinite sea of good. Surrounding and indwelling us are peace, prosperity, right action and perfect health, but we must learn to call forth these omnipresent benefits. How do we do this?

Jesus said, “. . . I am in the Father, and the Father in me . . . the Father that dwelleth in me, he doeth the works.” (John 14:10.) This great teacher recognized the joy, harmony and abundance of the universe, and he manifested this universal good because he *individualized* it. To say that God is good and that good is everywhere present is to state a reality, but in order to demonstrate that good we must *identify* with it.

Whatever is true of God is true of you. Know that God expresses by means of you. The great tool for demonstration found in the Science of Mind is: “God in me, as me, operates through me.” Your active awareness of this truth will bring into your life a glorious expression of the good that is forever at hand.

Frank E. Richelieu

The Uncluttered Year

AS THE new year begins, the wise person will assess the contents of his mental, emotional and household cupboards and closets, and decide what is to be transported into 1970 and what is to be discarded. He will progress faster because he has unburdened himself of nonessentials and brings with him only that which is valuable for his ongoing expression.

The unwise person will move into 1970 unwilling to part with anything—for fear he might need it—and will go on with the same assortment of good, bad and indifferent expectations, opinions and belongings.

The wise person travels rapidly because he travels light, free of cumbersome attitudes and possessions. He is secure in his God and trusts the Divine Law concerning himself and the world in which he lives. He knows that whatever he needs, wherever he is, the Infinite will supply. Thus he shares generously, loves generously, accepts generously, and works enthusiastically. For him the new year will be the brightest and most successful he has ever known.

Docia Willits Norris

Let Truth Lead

EVERYONE IS called upon to decide among many paths and many leaders. For example, fame beckons to some people and they follow blindly. Material possessions have a huge following and there are countless individuals who even mortgage their souls to gain wealth. Pleasure pipes a pretty tune, and many people get lost in sensual experience as they follow this false prophet. Even mediocrity has its army of privates striving to be average.

Surely there must exist true leadership, standing for lasting ideals and leading inevitably to true success, true expression and true beingness. In our Bible one leader, when a disciple asked permission to first go and bury his father, replied, "Follow me; and let the dead bury their dead." (Matthew 8:21-22.) Of course this meant not the literal dead, but those dead to their own potentials.

The Christ—the Principle of God within each of us—is a worthy leader. It is forever available, joyfully responsive but always awaiting our consent. This true leader can and will lead us unerringly into our own divine destiny.

Earl D. Barnum

Goodness Still Reigns

RELIGIOUS SCIENTISTS do not ignore world, national and local problems. We have no delusions that life and living is easy for all. However, we do keep to our clear knowledge that in all and through all is a mighty Intelligence which is forever at work for the good of collective mankind and of the individual. We do those things which need to be done at the material level in the area where we live, but we add to this a few moments each day of recognizing the Mind and the Spirit which has created all and is acting by means of all.

The present world needs right thinking people. It needs people with faith and hope as well as with charity. We know that for every problem there is an answer, and that the Divine Spirit works through all persons in high places and also through those of us who are not in high places. We hold fast to the knowledge that the Infinite Mind reveals what needs to be revealed to each person. God is still in business in this world.

Raymond Charles Barker

Habit Magic

NO ONE expects to master a skill by merely reading the instruction sheet. Even a famed pianist does his daily finger exercises. Action habits come through oft-repeated performance, and fade if not used. Then certainly we cannot be surprised if a habit of thought also requires frequent reinforcing. Especially when an old thought pattern seems to contradict, must we firmly re-think and re-announce the new one.

William James advised four steps: launch with strong impetus, begin at once, never allow an exception (lest we form a habit of exceptions), and do "a little gratuitous exercise every day." The gratuity accrues to no one but ourselves!

A dynamic life experience is not achieved by an occasional magical incantation. It is achieved by new, deep-rooted, forward-looking thought patterns. To help us be undergirded by the One Intelligence and well fortified against any encounter, is the purpose of the affirmations that follow. For the user they will become *magical* only if they become habitual.

Marguerite Iwersen

Thursday, January 1

I WELCOME THE NEW YEAR

- *“ . . . put on the new man, which is renewed in knowledge after the image of him that created him . . . ”*
—Colossians 3:10.

I GREET THE new year with a greater understanding of my at-one-ment with God than I have ever had before. I do not waste time rehearsing the past. I live in the now because I know that right now is the only time there is.

The door of opportunity is open before me because I am divinely guided. I know that whatever my heart desires, Mind can accomplish. Today is a new day filled with fresh enthusiasm, joyous fulfillment and enlightened living. I let God's purposes be carried out through my life and affairs. There are no boundaries to restrict me, for I am immersed in the Infinite.

I am richly blessed with the vision of God's oneness in everything. I welcome the new year knowing that the power and glory of living are mine each new day. Every day I am increasingly aware of my oneness with the Mind of God, which acts upon me and through me with divine order, harmony and beauty.

Fae C. Seatvet

Friday, January 2

MY CREATIVENESS FINDS ITS EXPRESSION

- “. . . thou renewest the face of the earth.”

—Psalm 104:30.

INFINITE MIND is constantly revealing to me new creative ideas. I am not bound by any present experience for I respond instantly to new ideas. I know that everything that has ever been done can be, and will be, surpassed. Every mark I have ever set for myself, I shall fulfill and go beyond. My capacity for expression is limitless because Mind itself is infinite. The nature of Mind is to create, therefore the new thoughts that I accept are creative thoughts.

New ideas are constantly challenging me to break down old barriers of expression. I leave behind thoughts and experiences that I have outgrown and constantly move forth in an atmosphere of new creativeness. New ideas bring newness into my environment. These new ideas reflect in the conditions under which I live and establish the atmosphere where I work. New creative ideas reveal new attitudes and new capacities in my expression. Newness of being is expressed in all that I do.

Robert H. Bitzer

Saturday, January 3

MY OWN COMES TO ME

- “. . . whatsoever things are lovely, whatsoever things are of good report . . . think on these things.”
—Philippians 4:8.

IN THE light of Truth that is the Light of pure knowing, my own comes to me. As I choose the true, the honest, the just, the pure, the lovely and that which is of good report, and as I think on these things, only good comes to me, for I am one with the Light of all that I now desire.

Nothing can in any way distort, disturb, impinge upon nor conflict with the good already in the process of taking shape in my life.

Light, the pure substance of being, now takes form as the wonderful life I would live, as the freedom I would experience, as the vibrance I would express, as the loving, peace-filled person I would be. With ease and without effort the Light that I am, the same Light that all men are, flows according to its true nature, which is pure harmony. Thus goodwill moves as the atmosphere of my own being.

The Light shines, and behold, my own comes to me.

Mary Margaret Cater

Sunday, January 4

MY THOUGHT IS STAYED ON PERFECTION

- *"Behold, I know your thoughts . . ."* —Job 21:27.

JUST AS all form is thought manifested, so my experience is my thought creating conditions for me according to the nature of my thought.

I identify myself with the One Perfect Being, and perfection is my experience: perfect health, perfect love, perfect supply, perfect life—radiant life, filled with joy and happiness and peace. In this consciousness I let go of any thought that I am less than perfect in any way, in any phase of life. The power and energy of the One Life fills me: calming and strengthening and healing. It indwells me and makes me aware that I am a perfect concept of the One Mind, a perfect idea of Divine Intelligence.

I let my thought be stayed on the Divine reality of that which I wish to be, that which I wish to express. I lift my thoughts into that realm of consciousness which knows that I can, and do, express in my life only that which presents obvious testimony that I am in God, Perfect Life, expressing Itself as me.

William Loe

Monday, January 5

I AM PROSPEROUS

- *"Wealth and riches shall be in his house . . ."*

—Psalm 112:3.

I AM ALWAYS in tune with Infinite Mind and welcome the ideas that It presents to me. My consciousness is filled with new and progressive plans for successful living.

The work that I do prospers, and each day I attract more people into my sphere of activity. As I share my good thoughts and ideas with others, my wealth increases. I build goodwill into everything I do, and new opportunities and channels for self-expression open to me. I am adventurous and try productive and improved methods to bring forth a thriving and flourishing enterprise. I am enthusiastic, and success crowns my efforts.

I recognize my oneness with the inexhaustible source of abundance and draw upon it freely. It is all around me, and my sound thinking creates a wholesome atmosphere in which supply flows to me in a continuous stream. I handle money with wisdom and keep my mind free from worry. A song of praise is in my heart for all the riches I receive from the Mind of God.

Erna Wissmann

Tuesday, January 6

I EXPRESS UNIQUE INDIVIDUALITY

- “. . . ye are of more value than many sparrows.”
—Luke 12:7.

I AM NOT as other people. The Infinite Mind created me to be a unique release of Its uniqueness. In my consciousness are fresh ideas born of the Mind which knows only the now. It is unconcerned with that which has been, and I agree with this Divine concept. I, also, am unconcerned with that which I have experienced. I think right now in fresh and unique terms to have a fresh and unique experience.

Creative Ideas flood my consciousness with intriguing concepts of that which can be. I rejoice in God's new plan for me and accept it wholeheartedly. I seek no repetition of the past. I seek that which is new, invigorating and inspiring. That good which shall be claims my full attention. I anticipate the greater good which is mine to produce.

The Divine Will is for me to be myself at my highest level of expression. I am this, for my thinking this day is worthy of the Mind which projected me into being. I express unique individuality.

Raymond Charles Barker

Wednesday, January 7

I CHOOSE ABUNDANT LIFE

- “. . . choose you this day whom ye will serve . . .”
—Joshua 24:15.

RECOGNIZING THAT I am an individualized center of God Mind, made in the Divine image and likeness, endowed with attributes of self-choice and free will, I now choose life in all its fullness. Letting go of the trivial and unimportant, I practice the presence of God. I keep my thoughts centered on Truth, as I relinquish old negative concepts and race patterns of thought.

Living gloriously in the now, I remember with thanksgiving that this is the day which the Lord has made and I rejoice and am glad in it. I choose this day to be in my rightful place, doing that which is for my highest good; therefore past failures and disappointments do not concern me.

Procrastination has no place in my consciousness as I embrace *now* as the acceptable time. I know that through the Christ in me I am in command of my future and as I choose wisely I go forward to greater health, joy, prosperity and perfect self-expression. This day I choose abundant life.

Juanita Kinmon

Thursday, January 8

I AM CERTAIN OF MY SELF

- *"The Lord hath taken away thy judgments . . ."*
—Zephaniah 3:15.

MIND INNERMOST in me is God, the cause of my right thinking. In the vast freedom of Its infinite peace I am free from all fears.

As a center of The Attention which Mind's All-contemplation has produced I can never entertain a self-conscious sense of inadequacy, blaming unproductiveness on failings of others, conditions or circumstances. Nor can problems freeze me into uncertainties as to what to know rightly. As a creatively living mind, backed up by Divine Consciousness, I function in the indisputable, absolute certainty that I live as Perfect Mindhood, which needs no informative education from the outside to be what it already is: God-founded, Truth-begotten, Eternity-sustained and fashioned to enjoy this life's goodnesses fully.

I need offer the world no explanations for my attitudes, for from within am I lifted up by the Infinite Mind, my God and my Source of knowing, as a decisive thinker, what is truly alive right action.

Fritz Hermanns

Friday, January 9

MY LIFE IS ESTABLISHED IN PEACE

- *"Peace I leave with you . . . Let not your heart be troubled . . ."* —John 14:27.

THERE IS a peace at the center of this universe, a peace that endures because it is larger than any inharmony, difficulty or war. This peace is the expression of the One Mind, One Spirit and One Life — God. In its atmosphere there is no sense of strain in accomplishing goals, because the Infinite is never troubled or confused.

Today I know that I embody this peace and release its quiet power to those around me as a spiritual force that heals them as well as me. In my business I never permit the pressures of others to become mine. This is not disinterest in the concerns of my co-workers but is simply a mature emotional refusal to identify with stress. Consequently the actions and activities of my life reveal order, the order of God's Mind in me functioning rightly. I am secure because I know that the ideas I need are revealed as I affirm them, and the support of strong, positive emotions carries these ideas forward with triumphant results.

Margery L. Ingram

Saturday, January 10

MY SECURITY SUSTAINS

- *"Then shalt thou walk in thy way safely, and thy foot shall not stumble."* —Proverbs 3:23.

THE INFINITE Power within me is the motivating drive in all that I do. This Power never fails and I am its infinite expression. This Power is the essence and substance of all that I see. I claim my security because of its ever-sustaining presence. My supply, money and energy are centered in this Infinite Mind, and I know that Divine Principle prospers every experience.

I do not depend upon circumstances or conditions for I know it is Divine Principle operating through me that prospers me. I accept the good that comes to me through every channel that is open, yet I know that it is Divine Principle that creates the channels and objectifies the good. Conditions cannot limit me nor restrict me for I am that which creates the conditions as channels of expression only.

My ever-increasing awareness of complete security creates larger channels for good conditions, and all my creative thinking is channeled into these avenues of my greatest good and expression.

Robert H. Bitzer

Sunday, January 11

WISDOM DIRECTS THE STEPS I TAKE

- “. . . *this is love, that we walk after his commandments.*”
—II John 1:6.

I IDENTIFY MY mind with the Infinite Creative Mind of the universe. The Power that directs, sustains, and maintains this universe is the very Life of life itself. It is the Presence that enfolds and upholds. It is Love. I abide in that enfolding, upholding Mind, Its Love and great Law of fulfillment. Every step I take is guided by that all-knowing Intelligence.

I walk in the light of Illumined Mind. From It I receive instruction and inspiration. I am upheld by the same Power that keeps every atom and cell of the universe activated with the great energies of Life.

God is in all, through all, around all, animating all with living, loving omniscience. I know my progress is assured. I have perfect confidence that every step I take leads me to ever more glorious living. Every step of the way I am met by enlightenment. I walk among enlightened minds, for in Mind all people have their being. The steps I take are guided by Wisdom and are balanced, sure and sound.

Ruth Wright

Monday, January 12

GOD IS WONDERFUL

- “. . . God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”

—II Timothy 1:7.

THE GLORY of my present life is the Glory of the God that Is. All things are working together for my good, for I love that Mind which forever knows me as Its own. The universe trusts me. It has no condemnation of me, even if that which I do is less than the total good. I am honestly trying to live up to the expectations that the Divine has of me.

Mind has given me all the ideas It has. Love has given me all the power to express Itself by means of me. Divine Individuality has given me the capacity to live uniquely and bring forth that which is different and good. All this is mine by right of my Divine inheritance.

I praise the Power which fashioned me out of Itself. Today I shall think, feel and act as I have been planned to express myself. No evil shall claim my attention. No discord shall mar my correct thinking and feeling. In all my ways I shall demonstrate the greatness and the wonder of God.

Raymond Charles Barker

Tuesday, January 13

I AM BUOYANT LIFE

- *"Cast thy burden upon the Lord, and he shall sustain thee . . ."*
—Psalm 55:22.

I AM JOYFULLY aware of my Divine nature. I am made in the likeness of God, in the image of perfect Life. I am the only-begotten presence of Life where I am, and I exult in living.

My faith is my delight. I cast my concerns upon the boundless capabilities of the Law of Mind and thus liberate my total power for constructive action. In my existence there is no heaviness of outlook or mood or body. I breathe the invigorating air of inspiration, imagination and vision. I dwell in the pleasant environment of happy emotions. Buoyant Life translates my food not into weight but into physical well-being and overflowing energy.

I infuse every activity with the exuberance of Spirit. I radiate the Divine optimism and manifest the Infinite ease of achievement. I perform my tasks with gladness in the doing. I move not from problem to problem but from glory to glory. Light-hearted and enthusiastic, I lift this entire day to the level of joyful living.

Elena Goforth Whitehead

Wednesday, January 14

I AM PROSPERITY

- *“. . . the law shall not depart out of thy mouth; but thou shalt meditate therein day and night . . . for then thou shalt make thy way prosperous . . .”*

—Joshua 1:8.

I AM PROSPERITY, because I am the prosperous action of Mind individualized. The universe abounds with the infinite manifestation of God-prosperity. I do not have to create my prosperity; I recognize and enjoy it. My prosperity is the inevitable result of my affirmative ideas.

I meditate upon the perfect Law of Mind day and night. I know that the constructive ideas and plans in my mind are manifesting now. I work in the calm and peaceful assurance of my prosperous being as a perfect expression of God-prosperity.

All the money and other material forms necessary to my prosperity flow to me. They are attracted to me by the Law of God-prosperity, which cannot fail. No negative world condition can hinder the action of God-prosperity working through me. I share my prosperity. I spend my money with appreciation for service and with gratitude for every other expression of God-prosperity. I am prosperity.

Albert H. Cameron

Thursday, January 15

I LET PERFECTION EXPRESS

- “. . . *Be perfect, be of good comfort, be of one mind, live in peace . . .*” —II Corinthians 13:11.

AT THE center of my being is perfection. My experiences now are the expression of that perfection through my beliefs and thought patterns. Where these thought patterns have covered the perfection I now take time to change the beliefs. I affirm that the Truth within me which is all Intelligence, all Love and all Power knows how to make the changes in the subconscious thought patterns I have held. I let all thoughts of hostility, guilt, anxiety, self-rejection and conflict be replaced with their opposites. As these changes are made I become aware of an increased enjoyment of life.

The channels are now opened, and new creative ideas flow easily to my conscious awareness. I find better ways to do the routine things in my life. New activities open up for me and life is exciting and fun. As these new thought patterns replace the old I know that all things in life are good and can only get better. This is the Law of my being. And so it is.

Betty Bolles

Friday, January 16

MY UNDERSTANDING INCREASES

- *"Happy is the man that findeth wisdom, and the man that getteth understanding."* —Proverbs 3:13.

THERE IS a Presence that is the essence of understanding: the Presence of God that indwells all things. That Presence is my presence now — warm, healing, wise, loving, kind and understanding. As I dwell in this infinite understanding Presence I feel forgiven of all seeming mistakes of the past. I realize that before I call I am answered. This moment I feel purged and cleansed of all mistakes of omission, things I thought I should have done but did not do.

I look behind the actions of people near me and dear to me. I know that they act as they do because they believe they are right. I do not evaluate their thoughts, feelings and actions. I refrain from all judgment of myself also and live in the security and integrity of the understanding heart.

I rejoice in my emotional freedom and serenity as I continue to seek and experience greater and greater understanding, truly from the heart. In wisdom and love I let it be so.

Earl D. Barnum

Saturday, January 17

GOD IS MY HEALTH

- “. . . God is the strength of my heart, and my portion for ever.”
—Psalm 73:26.

GOD IS the One Life, and that Life is my life now. It made me out of what it is: wholeness, harmony and creative action. I am alive with the eternal, perfect Life.

No aches or pains can compare to the health in me. The creative, renewing action of Life heals, renews, energizes and restores me. My mind and body are vitalized by the renewing power of Life.

Robust, strong well-being is my birthright. I claim it and accept it this minute. I am transformed by the renewing of my mind. Mind action restores my peace, poise and balance. My metabolism is stabilized. My heart is at peace. My circulation is strong. My breathing is easy. My joy is great.

Life in me is the health of my body, my mind and my soul. The choice is mine, so I now choose Life. The perfection of Life is the strength of my being and shall be my portion forever.

Roy Graves

Sunday, January 18

I ACCEPT MYSELF AS PEACE

- *“ . . . the work of righteousness shall be peace . . . ”*
—Isaiah 32:17.

PEACE IS the presence of God at the place where I am. I am never apart from it. At every moment I am held in the embrace of that Power which by Its very nature cannot be disturbed or confused. At the center of my being I am at peace in that Peace which created me out of Itself to express Itself as peace.

All states of consciousness which are other than peace are now neutralized in my subconscious mind. I refuse to enter into discordant thinking, no matter how seemingly justified is the cause. In me God is forever undisturbed by the world situation and the opinions, right or wrong, of authorities. Neither foe nor friend can alter my course of creative thinking.

My consciousness is firmly established in the Truth, and that which is not of Truth has no power, no cause and no effect. I accept myself as the Peace of God in action. My mind responds only to this Peace. In all my affairs today Peace is obvious.

Raymond Charles Barker

REALITY AND YOUR LIFE Lesson One THE REALITY OF HEALTH

HANS, AN artisan woodworker, gazed at an exquisitely carved table. A piece here and there had been broken and lost. The question was how to design and carve pieces to restore those missing. Obviously in a work of art such as this, innovations would be grotesque. Only an exact duplicate of the original pattern would be right. At the moment Hans could not worry over the problem. He was too caught up in the beauty and grace of that which he beheld. As so often happens when one becomes absorbed in a work of art, Hans began to sense the spirit of the creating artist. Soon, in his mind's eye, he saw the form of the missing pieces. Each one fitted harmoniously into the vision of wholeness that was now clear. The problem was solved. Only the mechanics remained. Find the right wood, in grain and shade. Fashion it to the form so vividly perceived. Then fasten the pieces in place.

You, as a student of the Science of Mind, know exactly what took place. An idea is never lost in Mind. Once created, it always *is*. The

original design of the table had never changed. It existed above time, place and circumstance. Hans, by letting the spirit of what he saw infuse his consciousness, "looked through the mist to the changeless reality." (Ernest Holmes.)

Now consider health in this light. The Infinite Artist could not design an imperfect body, any more than our other artist would design a broken table. The idea in Mind of your body is that of a whole, vibrant vehicle for the spiritual being which you are. This divine idea is your true health. It can never be lost or broken. It *is*, above time, place and circumstance. Furthermore Life, flowing in every atom of your being, is forever seeking to manifest this idea as *your* body. Let it. Cooperate by contemplating the miraculous design of hands, eyes, ears, feet, the process of converting food into new, vital cells at the rate of millions per minute. Let the spirit of the Creating Artist infuse your consciousness. Rejoice in the changeless reality which your health is.

Carleton Whitehead

Monday, January 19

I AM WORTHY

- "... now are we the sons of God . . ." —I John 3:2.

TODAY I ACCEPT myself as a son of God, a worthy individual manifesting Life in creative, constructive ways. I do not flutter or putter around with inconsequential, so-called problems. I aim straight for my goal. I cannot be sidetracked nor diverted. My mission is clear, my aim is true, my action is strong and sure, for I base my value on the One Power within me, which guides, directs and reveals Its Nature through me. I am blessed to be a unit of self-knowing Infinite Intelligence, expressing in a unique pattern of individuality. I choose to be worthy of the greatness of which I am a part and to develop fully and creatively the talents and abilities within me.

Like an ever-flowing fountain, I move from the Divine Center of my being outward, knowing there is nothing to hinder or limit me. Man-made conditions and situations cannot unduly influence me nor interfere with my true purpose for being. I am blessed.

Today I am worthy, for I am Life in creative activity.

Reola H. Presley

Tuesday, January 20

I AM RIGHT ACTIVITY

- “. . . *Fulfil your works, your daily tasks . . .*”
—Exodus 5:13.

MY WHOLE being is constantly one with the infinite energy and activity of Divine Mind. This right action never stops nor slows down. This continuous action is the activity which I am. I am always in the right place doing the thing that is right for me to express.

There is no inaction in my mind and no inaction in my affairs. I do not have to force myself to act because the infinite energy of Divine Mind spontaneously expresses as me. Consequently there is no belief in laziness nor sluggishness. No one has to build a fire under me to make me act. I am constantly alert to every opportunity and I am more than ready to let my full ability find its expression.

I am always expressing wholly and adequately my full power. No lack of courage or lack of vision can hold me back. I am the positive expression of Infinite Mind and see my perfect way. This truth moves me into complete action.

Robert H. Bitzer

Wednesday, January 21

I ACCEPT THE FULFILLMENT OF MY DESIRES

- “. . . *your heart shall rejoice, and your joy no man taketh from you.*” —John 16:22.

I KNOW THAT I was created to enjoy life to the fullest. I am an expression of all that the Life Principle is: power, beauty, abundance, harmony, wisdom and love. I am the means by which Life witnesses and enjoys itself.

My responsibility to my own true nature — to the image of God in which I am made — is to bring into my life the highest experiences and expressions of good that I can imagine. My desires for good are given me by Divine Intelligence so that I may be aware of the ways in which Life presses to express through me.

Because I know the truth of my being and the rightness of the fulfillment of my desires, the answers to my prayers can never be frustrated. My right knowing nullifies all conscious and subconscious patterns of self-rejection and removes all barriers to my expanding good. I now accept with thanks the total fulfillment of my goals for a greater expression of Life.

Nancy Anderson

Thursday, January 22

I AM A FOCAL POINT FOR DIVINE ACTION

- *" . . . I will be with thy mouth, and teach thee what thou shalt say."* —Exodus 4:12.

I AM DIVINE Being. I express Divine thoughts in a Divine world. I know that I am a creation of love and the action of love. I am the focal point of God in and unto my world. I concentrate the action of infinite love, truth and joy as the resolution of my expression. Because my mind, like a lens, focuses the action of God in and through me, I bless, heal, prosper and progress. I am the image of God, creating patterns of success and happiness for myself and for others.

I love my work because all my work is done in Mind, the Mind of God, in which I live and have my being. In that Mind there is no fear to distort or mar my constructive expression of Being. Perfect ideas are the light of my mind and in them I see God. As Divine Being I am freedom and faith. Divine Creativity initiates the mind-action that precipitates my good in abundant living.

Donald E. Webb

Friday, January 23

I AM FILLED WITH THE JOY OF LIVING

- *"I am weary with my groaning . . . I will sing a new song unto Thee, O God . . ."* —Psalms 6:6; 144:9.

I NOW ACCEPT "the oil of joy for mourning, the garment of praise for the spirit of heaviness." Since I am the sum total of my thoughts, words and actions, I resolve to think clearly and constructively, to speak only words of Truth and to act with wisdom and love. My heart is filled with thanks; therefore there is no room for criticism, depression or complaint. I now proclaim my freedom from ideas of failure, inferiority or disease. I am an expression of the Infinite Creator. I know it. Therefore I demonstrate it.

Spirit is that which manifests in me as happiness, wisdom and order. I expect this feeling of well-being to be a permanent quality within me. I now let it demonstrate through me with complete freedom, unhampered by destructive negatives.

The joy of living now pours forth from me in words of gratitude and praise. No sad songs. No tales of woe. It is a good feeling to "come before his presence with singing." Yes! It is good!

Ilomay Bailey Sims

Saturday, January 24

MY WEALTH IS OMNIPRESENT

- *"... it is your Father's good pleasure to give you the kingdom."*
—Luke 12:32.

DIVINE LOVE through me blesses and multiplies all that I share with life. Omnipresent wealth moving through me in thought, idea, imagination and feeling governs my finances. I am not affected by money. Money is a symbol of my omnipresent wealth where I am. It responds to my thought and obeys me. The appearance of little money, or vast amounts of wealth, does not control me; I control it. Recognizing money as an effect, I create richly as I expand my consciousness to comprehend Infinite Mind giving lavishly according to Its nature. It is my Father's good pleasure to give me the kingdom, and I have the consciousness to accept.

I live in a world of limitless supply. All nature is limitless abundance. The limitlessness of Mind sustains my limitless abundance and I am aligned with Its opulence in lavish supply. The good that I do with my Divine heritage multiplies in expanding channels of prosperity. The love that I express is richly blessed. I give thanks for omnipresent wealth.

Alvin D. St. John

Sunday, January 25

GOD IS MY SUFFICIENCY

- *“A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels.”*
—Proverbs 1:5.

ALL THAT I need today is with me; I have received complete daily bread. The Source of my life is the Infinite Resource of all good. Health eternal is mine today. I am sustained by that which knows no opposition. There is no friction in the One. Nothing can take away from the All.

Every rightness arrives on the scene at the right interval and in the right proportion. Without anxiety I put forth my effort. Without excessive tension I am at attention.

With a perpetual peace that comes from the Unperturbed within me, I see that I need never become disturbed within the One. Since all are some form of the One, my peace of mind is guaranteed for I am at peace with God.

Having made my peace, I am in the world but not of its conflicts. I express the Perfect as I live and move and have my being in a natural and normal way. I manifest God, as does everyone, for God is all there is to manifest.

Juanella Evans Lynch

Monday, January 26

I CLAIM A GREATER EXPERIENCE

- *"Unto thee lift I up mine eyes . . ."* —Psalm 123:1.

I AM AWARE of the abundance of Life, of Truth, of Power, of God in this day. It is this day to which I give my full attention, for herein is to be found the Awareness of God as me. I do not look to any past experience for what I need to know; I seek it from within so that it may apply fully to the uniqueness of this day and each experience within it.

I am not content with the status quo. I seek a greater day, a larger experience, therefore I know that I must transcend what has gone before, I must transcend fixed opinions of others and myself.

I therefore claim a larger realization of God, of Life, that is revealed and released through the special and wonderful individualization of God that I am. Every moment is aimed at success, beauty, wisdom, love, order and truth. I relax and let the perfection of God know Itself by means of my every thought and action this day.

Tom Johnson

Tuesday, January 27

CREATIVITY GOVERNS MY THINKING

- “. . . *I know the forwardness of your mind . . .*”
—II Corinthians 9:2.

MY PRESENT world is fresh and vital, for God is the principle of fresh beginnings. The Infinite Mind never thinks the same idea twice, and in my consciousness this is true. I stand at the threshold of magnificent fresh starts in living. I do not hold on to that which is finished. I am an instant person in an instant Mind revealing the glory of the instant.

I am a creative, valuable expression of Divine Life. I waste no time in glorifying the past, nor in re-experiencing its problems. Today is my day of greatness. I think the new thought, encourage the new idea and expect the fullness of good. I am a forward-looking individual letting God be God in my consciousness.

God rejoices in my correct thinking and feeling. All Life backs me up in my demonstrable program for good. I unburden myself of all my troubles. Suddenly they are unimportant and have no hold upon my consciousness. I am free to be to Creativity that which I am. I rejoice in my creativity.

Raymond Charles Barker

Wednesday, January 28

INCREASED UNDERSTANDING IMPROVES
MY RELATIONSHIPS

- “. . . all ye are brethren.” —Matthew 23:8.

I KNOW THAT my relationships are constantly improved. My increased understanding enables me to better understand others. As I am sure of myself, I have greater respect for others, and this respect is reciprocated. No one can encroach on my work, my love, and my money. I am in complete control of that which I am, in every area of expression.

I am free from infringement by others because I know the certainty of my own good. In like manner, I know that each person in my world of relationships accepts and receives the good that belongs to him. No one can take good away from another, therefore my world of right relationships is based upon harmonious understanding. Each person with whom I associate or work has access to the Infinite Mind and is one with that Mind which knows. This understanding keeps relationships right so that I do not infringe upon the rights of any other person. I claim my own and claim good for each person with whom I come in contact.

Robert H. Bitzer

Thursday, January 29

I LIVE CONFIDENTLY

- *"Let every soul be subject unto the higher powers. For there is no power but of God . . ."—Romans 13:1.*

I LIVE CONFIDENTLY, for I know in whom I believe. I know that God is the Principle, the Substance, the All of my being. I abide in the awareness of God as the one and only Power. I feel the glory of the Eternal One, omnipresent as the Harmony that Life is. I rejoice in the ever-presence of God as Wisdom, guiding me into right decision and wise action concerning all things. I honor the One Intelligence and see It shine forth as perfect understanding. The Light that God is, is right here, as I. It casts no shadows. It illumines all experience.

I perceive that what I see as the world is Infinite Mind's perception of Itself. This Oneness is my protection. There is no power to oppose God, the Reality of my being.

In perfect confidence and trust I depend upon the One Source to supply every need. I live confidently in the knowledge that God IS this Life I am.

Dion Reed

Friday, January 30

I GLOW IN THE LIGHT OF HEALTH

- “. . . ye are the temple of God . . . the Spirit of God dwelleth in you.” —1 Corinthians 3:16.

IN MY awareness of Universal Mind, I know myself to be one with God. I accept myself as a spiritual being, individualized in the perfect state that is Life. I express the wholeness that is at the center of every Divine idea. My God-mindedness directs and uplifts my every experience. My affairs are manifested through my consciousness of Truth.

The affairs of my body are expressed in the perfect knowing that God is the foundation of my being. Upon the deep and firm stones of my faith I build, moment by moment, a new, beautiful, living temple. This temple is in and of the Presence. Every faculty is in the highest expression of Truth. Every organ functions according to the Divine nature of Mind. All my bodily processes reflect the omnipresence of Infinite Intelligence.

I am secure in my knowing that the activity of my body is a true expression of Divine Principle. I release all apprehensions and choose instead to rejoice in my acceptance of an endless state of perfect health.

John V. Glasser

Saturday, January 31

I AM FREE

- “. . . ye shall know the truth, and the truth shall make you free.” —John 8:32.

I KNOW CONSCIOUSLY and subconsciously that God is the one Mind, the one great Creative Intelligence. Therefore, since that Mind is my mind, I have within me the guiding, directing intelligence I need to meet every situation successfully. I am free from indecision, doubt and fear.

I know that God is the very Spirit of Life indwelling all creation, and the Life of God is perfect. That perfect Life is expressing as the health and vitality of my physical body, and I am free from any sense of physical imperfection or limitation.

I know that God is the everywhere-present Love that unites all men, harmonizes all conditions, and fulfills the whole Law of Good. I am free from all feeling of tension, discord and rejection.

I rejoice in the realization that God is the omniactive Power through which all things can be accomplished. Through the power of God working as me, I have dominion over my world. I am free from all feelings of inadequacy and bondage. Truly I am free! *Miriam H. Crowder*

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