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CREATIVE THOUGHT®



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THOUGHTS FROM THE EDITOR . . .

JOY is basic in life, otherwise life would have destroyed itself. Every living thing, with the exception of man, enjoys living, the mere existence. But man, the theorizer, often barricades joy behind an impossible complex of "ifs" and "whens."

Some people are miserable no matter how many pleasant things happen. Others enjoy life in spite of unfortunate circumstances. This is so because happiness is not in events but in personal awareness. Divine Wisdom made joy permanent by weaving it inextricably into the very texture of Life. Only the individual man can reason away its luster.

Because in joy there is no discord, tension or fear, the full expression of joy in any life would achieve miracles of healing and progress. But if a person is unhappy before his ship comes in, he will still be unhappy when the ship is in his harbor, for joy does not arrive in dream-ships but abides in the delight of the present moment.

Joy, which transforms all things, is within you *today*. Let it radiate!

Elena Goforth Whitehead

Prosperity Consciousness

by

Frank E. Richelieu

GOD'S INVISIBLE substance is everywhere present — unlimited, unfailing, and easily accessible to all who have a prosperous consciousness. Prosperity is the certain result of habitually prosperous thinking.

The spiritual foundation of the prosperity consciousness is the recognition of God as our only Source of supply. Persons, conditions and situations are only channels through which our abundance manifests and have no power of their own. There is an unseen Giver that gives of Itself freely and without measure. Life does not limit us in any way. Any lack we may be experiencing is due to some restrictive attitude.

The right mental attitude is a vital ingredient for successful living. Prosperity in any department cannot begin for us until we build a prosperous conviction concerning that phase of life. One of the most effective ways to do this is affirmative prayer. By speaking and affirming

words of Truth, abundance, praise and thanksgiving we set in operation a powerful vibration that moves in, through and around us to produce the good we are seeking.

Affirmative prayer builds within us the belief that our good is inevitable, thus invoking the great success law of expectancy. No condition of lack can change for the better until we expect it to change. We can never demonstrate prosperity while we are thinking how *bad* things are. If we want to manifest health, riches, success and happiness, we must believe in and expect health, riches, success and happiness. Belief is our contribution to scientific prayer.

When we earnestly desire and persistently affirm our good, expecting to receive it, it will be received. If it does not manifest as quickly as we think it should, we must show our faith by keeping on affirming, believing and expecting until it does manifest. Spiritual laws are set in operation through our thoughts, words and actions. God's rich substance fills our cups to overflowing when our thinking, our conversation and our actions issue from a prosperous consciousness.

The Unhampered Mind

by

Raymond Charles Barker

NOW THAT we know that Mind is the ultimate cause and thought is the ultimate power, we need to do some self-searching. We are the individualizations of this Mind and we are constantly using the power of thought. The knowledge of this should make it possible for us to live in a modern Garden of Eden, but we aren't. We are living in troubled times as troubled people. Yes, we have demonstrations here and there, but not enough to produce heaven on earth.

The answer has to be in our individual use of Mind and thought. The good which Life has equipped us to have and to experience is being impeded by something or somethings in our consciousness. These somethings have to be ideas. Mind moves through ideas. This is Its only process. It must bring forth Its own constituency. It has no other sources from which to produce. It can only bring out of Itself that which is within Itself.

The unhampered consciousness, and therefore the consciousness productive of good, must have within it nothing that would oppose it. What in us, as consciousness, is in opposition to Mind in Its seeking to bring to pass the good we seek, need, and know we should have? There is only one solution. We are at war with ourselves. We are our own enemies by our acceptance of and continued belief in negatives. Until we face this fact we cannot increase our demonstrations by means of Religious Science.

Negatives exist because we believe them. Negatives without a believer would be nonexistent. Their only authority and creative ability is determined and authorized by our acceptance of them. So, we have to start the nonbelieving of what we believe. We have to reverse our own thought. This can be done, and we can do it. There is no easy way to do this. It requires an incessant watch of our mental and emotional processes. It requires a constant reiteration of our belief in the Good as our only experience. The unhampered Mind is our birthright. It is worthy of our cooperation.

What Are You?

by

Tom Johnson

YOU ARE not your body, you are not the people in your world, you are not your job or the things you own. The more you realize that what you really are is a state of mind, *a continuing stream of thought*, the more clearly you will see how you can change your body and your experiences with the people and the things in your world.

Your body and your experiences merely reflect your flow of thought. Fortunately it is much easier for us to conceive of changing our minds than of changing our bodies or the physical things in our environment, for by changing our minds – and keeping them changed – we automatically change our experiences, and our bodies conform naturally to that new state of mind.

If you think of yourself as *body*, you will be trapped by that body. If you think of yourself in terms of certain amounts of money, you will be stopped in your experience of prosperity by

those amounts. Your body, the things you own, your experiences, are the condensations of your thoughts, your attitudes, your states of mind.

If you give full attention to *body*, you are saying that *body* is what you are, and that form is going to tell you what and how to think. If you do not realize that what you really are is a continuing action in mind, your own thought, then you believe in the power of other people to decide and think for you, you have a self-image that is made up of the opinions of others.

This does not mean that you should ignore the people in your world or the necessity of having to work with the physical aspects of life, the forms that take shape from your use of thought. It means that by being aware of what you really are, *a continuing stream of thought*, you will be free of the power of those forms to limit your experience. You will be giving full attention to your thought, so that you can control and direct the forms that must result.

Your recognition of what you are enables you to make your life what you want it to be.

Mind-Direction

OUR EXPERIENCES are the result of our habitual thoughts, the direction of our minds. Consistent happiness is the result of the positive direction we give our thinking. The language does not matter; the mood does.

We have all heard sales talks that were smooth as glass and clear as tinkling cymbals. Let's not be hypnotized into thinking that someone else's brilliance can change our lives for us. We have to do it by standing steady in all the changes and chances of life.

Many people are observers, rather than doers. We must be on guard not to skid into a lateral existence, soft and spread out. We must keep an edge on our minds and be ever alert to dodge the unnecessary and unwanted thoughts and emotions.

It is hard to hit a moving target. If we pick a steady goal and aim for it, we cannot miss. Our growth and success happen because we have aimed our minds, our habitual reactions and our language in the direction of cheer and faith in the natural goodness of a loving God.

Roy Graves

What Is Treatment?

EVERY SCIENCE develops its own vocabulary. In the Science of Mind a "treatment" is an affirmation of truth spoken or written in the present tense, in the first person singular if one is "treating" oneself, in the third person if one is "treating" another. This is a definite, efficient technique for changing our subconscious patterns.

Religious Science teaches that the Law of Mind brings our subconscious patterns, whether constructive or destructive, into manifestation, and that the way to change one's life for the better is to eradicate negative subconscious beliefs and feelings. Daily treatment dissolves them and establishes health-giving, wholesome ones.

Religious Science does not deny that sickness, lack and disharmony are facts of human experience. It teaches that God is Infinite Mind, everywhere present, Its goodness and power available to all. It teaches that the Law of Mind will infallibly bring affirmations of good into visible or tangible expression if made daily with sincere feeling, persistence, patience and faith.

Claudine Whitaker

Sunday, February 1

I REVEAL MY DIVINE POTENTIAL

- *"I must work the works of him that sent me, while it is day. . ."*
—John 9:4.

TODAY I ACCEPT my Divine potential. Since God is everywhere present as Infinite Intelligence, everything in the universe is part of a purposeful plan. I am some part of that purpose. The Creative Process that is now taking place in me, as me, is urging me to express my individual potential so that I may take part in the greater unfoldment of life.

I do not allow thoughts of restriction or limitation to inhibit the fulfillment of my destiny. I do not gaze at the darkness of fear and self-doubt, for I am occupied with following the call from on High. The infinite givingness of Spirit provides me with every inspired thought, every tool, every circumstance that is necessary for my growth.

I cannot tarry in the past nor postpone to an uncertain future. Now is the day of my acceptance of my Divine purpose. I joyfully proclaim that I am receptive to the action of a loving Creative Intelligence and I do Its work in this day.

Leo Fishbeck

Monday, February 2

I ACCOMPLISH MY GOALS

- "I have chosen the way of truth. . ." —Psalm 119:30.

I LET GO of all ideas of limitation that could hinder the accomplishment of my goals.

I am aware that with God all things are possible. I enthrone the beliefs of success, harmony and peace in my mind. As I release my ideas into Creative Mind, I know that Its power surmounts any obstacles. I know that this Mind brings to me exactly what I present to It. Confidently I claim that *I am success*; I expect only the best.

The conviction that Divine right action is taking place eliminates any anxiety and allows me to relax. I permit the Inner Presence to guide, inspire and sustain me. I am calm and poised as I face my future with the vision of success. I know that the way is made clear and unobstructed to achieve and accomplish my goals.

Whatever I desire to be is possible. As an expression of God, I know I am capable of fulfilling the highest and the best. Divine Mind is the only Power and the only Action in my life.

Angela G. Bayer

Tuesday, February 3

I PROSPER

- *"Arise therefore, and get thee down, and go with them, doubting nothing: for I have sent them."*
—Acts 10:20.

NATURE IS prolific and is constantly producing multiplicity of expression. There is nothing miraculous about the law of prosperous being, nor can the success of some people be uncanny. It all unfolds according to natural law. Whatever I think tends to multiply. One good idea is always followed by many good ideas. For this reason I do not let myself get away with the slightest negative suggestion nor feeling of self-pity. I feed no negative thought into my consciousness, therefore negation cannot multiply.

The universe itself is proof that there is a principle that prospers. My comprehension of that prosperous principle is possible because the same prosperous being exists within me. I think of richness not as a great achievement but as the inevitable expression of my recognition of prosperous being. I look out upon a prosperous world. I see prosperous people. Everywhere I go I maintain the consciousness of prosperous living. My home, my business, my social relationships, all express this prosperous, joyous abundance.

Robert H. Bitzer

Wednesday, February 4

MY TIMING IS RIGHT

- “. . . his kingdom is an everlasting kingdom. . .”
—Daniel 4:3.

I AM ALWAYS in the Presence of God, dwelling in the perfect present moment. In the Divine Presence only eternity is known, and I am living in eternity now and forever.

I accept my true state of beingness: a perfect individualization of God, living in a perfect universe, governed by Divine Law and free of any false coercion of time. I refuse to worry about a departed yesterday or become anxious about a mythical tomorrow. I am in and of God's Mind, therefore I am timeless, birthless and deathless, for God's Mind and God's manifestations are forever.

I live in the consciousness that in God's world Divine law and order are the basis of wholeness and perfection, therefore I am always at the right place at the right time and all things come to me in perfect time. I now rejoice in my freedom from any false sense of time and let that freedom be established unto me for *all* time. With deep gratitude I let it be so.

Earl D. Barnum

Thursday, February 5

STRENGTH IS MINE

- "... *the joy of the Lord is your strength.*"

—Nehemiah 8:10.

TODAY I CLAIM strength — of body, mind and spirit. In making my claim I remember that *the joy of the Lord is my strength*. Thus I rejoice in all the good in my life, with overflowing gratitude to God, the one Source of all good.

I give thanks for my experiences, which have brought knowledge; for my body, which serves me well; for all material good, which brings comfort; for a mind that is alive and quick. I praise the abundance which is God; I praise the spirit within me which is forever motivated toward greater, more exciting goals. I am glad for my world, which brings challenge; for my work, which gives self-expression and service; for my sensitivity, which brings delight to my senses.

Most deeply I am grateful that the life, health and strength of the one great Creator are in me, through me and around me here and now. I rejoice that for my every need today and always, the strength of God within me is more than sufficient.

Helen Thomas Irwin

Friday, February 6

I AM PROUD

- *"My soul shall make her boast in the Lord . . ."*
—Psalm 34:2.

I AM PROUD that the Infinite Mind created me. There is a Divine design to my being. My existence is neither by chance nor by luck. I am a planned program of the Mind and Heart of God. I am needed in this present world in order that great ideas manifest themselves by means of me. I am worthy of Life.

Knowing my perfect purpose, I let Life unfold the plan. I am alert to Divine Ideas. I accept them, assimilate them and execute them. I let nothing interfere with my high calling. I reject anything and everything that would negate my consciousness or lead me in false directions. I hold to my course of right thinking. I know my progress in Truth and rejoice in my unfoldment.

Inspired by Mind and motivated by Love, I create and expand the good in my life. Living close to the Truth makes me valuable to all whom I know. All that I need I have, and that which I have I share with others. I am proud of my accomplishments.

Raymond Charles Barker

Saturday, February 7

MY SAFETY IS ESTABLISHED

- *"O Lord my God, in thee do I put my trust . . ."*
—Psalm 7:1.

WHEREVER I TRAVEL, for whatever purpose, and in whatever type vehicle I use I know my complete safety is established. The intelligence that created the means of travel is that which operates through the minds of those responsible for maintaining and operating these vehicles. These people are guided to do their jobs with perfect wisdom and judgment.

This same intelligence is the law of my being, and Divine order and love govern each aspect of my life. Because my life is so governed, I am guided to take my trips at the most beneficial times and by the right means. I have no neurotic need to injure myself or to take myself from this plane of experience, so no seeming accident can befall me.

Where I am, God is; and where the presence of God is recognized no condition less than perfect good can be. No harm can come to any vehicle I am in. I completely trust the power of God, who creates only perfect good, to be my guarantee of safety.

Nancy Anderson

Sunday, February 8

PRINCIPLE IS MY SALVATION

- “. . . *In returning and rest shall ye be saved . . .*”
—Isaiah 30:15.

I RETURN TO the principle that I am created in the image of God to express God. As I rest in this realization I am saved from all feelings of inferiority, inadequacy and limitation.

I return to the principle that I have the Mind of God to guide, direct and inspire me. I rest in the knowledge that this Mind is sufficient to solve every problem, to provide every answer, and to give me the creative ideas I need to succeed. Thus I am saved from fear, doubt and indecision.

I return to the principle that my body is the temple of the living God. As I rest in the glorious awareness that the Spirit of Life in me can never be sick, grow old, or deteriorate, I am saved from concern over my health.

I return to the principle that I have my being in God. I rest in the consciousness that I am, therefore, always in my right place, and I am saved from restlessness and insecurity.

For this I rejoice and give thanks.

Miriam H. Crowder

Monday, February 9

I AM A DOER

- “. . . let us not love in word, neither in tongue; but in deed and in truth.” —I John 3:18.

THERE IS one Mind, one infinite Intelligence. This is a Mind of full activity, and I am of this Mind. Any belief in lack of activity or in unordered activity is now neutralized and wonderfully eliminated from my thinking. Knowing Mind as the Principle of all action, I now recognize my oneness with eternal activity. Truth governs and controls my expression, and I am established in the dependable order of intelligent activities.

Everything I do is filled with brightness and buoyancy, and I am enthusiastic about every venture. My activities take place with perfect timing and result in worthwhile achievements. I am alert to doing, not just thinking and talking about it. I am joyful in doing. I enter wholeheartedly into every project and see it through to its full accomplishment. Vitality and endurance sustain me constantly, and eagerness gives zest to all I do. The steady activity in my consciousness expresses in continuously happy and rewarding deeds. As one with Mind, the Principle of all activity, I am a doer.

Carl Ray Ambrose

Tuesday, February 10

ETERNAL HEALTH IS MINE NOW

- “. . . I will restore health unto thee. . .”—Jeremiah 30:17.

THE PRESENCE of God within me is the vitalizing element that maintains my life and its joyous expression as radiant health. God cannot be sick, and I build this right knowing into my consciousness. I identify myself as That which cannot be sick.

Where there is peace there cannot be pain. I abide in the peace of God and am free from the experience of pain. No cause for pain can exist in my consciousness of the Presence. I know that God has no pain and I am made in that Image.

I utilize my mental and emotional power to fulfill Divine purposes, to know the perfection of God. I include only healthy attitudes in my concepts of life.

Every area of my expression is balanced by the right action that I trust. God has made the gift of perfect life, and I do my part by maintaining my awareness of that perfection within me. My health is my acceptance of God as my nature and my being.

Juanella Evans Lynch

Wednesday, February 11

I AM AWAKE TO MY POSSIBILITIES

- *"He hath made his wonderful works to be remembered. . ."*
—Psalm 111:4.

I AM ACTIVE and alert to new ideas seeking fulfillment in my expression. I am quick to perceive them and to accept them. I let these ideas express as they are made known. I cannot miss an opportunity, because I am spiritually alert. I am never too late to act. I am mentally alert to the limitless possibilities of my being, and I accept these limitless ideas the instant they are made known to me.

I am mentally awake. I get the rest and sleep which are necessary for me, therefore I am not deluded into letting drowsiness or sleep overtake me when I do not need sleep. I give no power to negative fatigue or weariness, nor do I permit any such conceptions to interfere with my spiritual progress. I am active and alert and in complete possession of all my faculties. I do not need any stimulant to get me going, nor any artificial invigorator. The Spirit within me meets every situation with vitality and aliveness.

Robert H. Bitzer

Thursday, February 12

I RESPECT OTHERS

● *"Honour all men."*

—I Peter 2:17.

THERE IS one God, one Divinity acting as humanity, and I am an important part of It. I am one with the Divine Spirit in all people. I cannot act in any way to negate the good of the whole. I subconsciously reject all selfishness, all greed and all unworthy opinions or actions. I live in peace with all people.

I never transgress the boundaries of good taste. I do not seek to impose my opinions on anyone. I deny all self-righteousness. I am a well balanced expression of the Life and Mind of God. I am not trying to find fault in others. I find in them that which is good and worthy of my respect. I do not sit in judgment.

I am seeking the Truth and finding the Truth. I so live that all people will find the good that I know myself to be. My right intentions and my right thinking are known to all. I respect the God in every man, and every man respects the God in me.

Raymond Charles Barker

Friday, February 13

MY MIND IS ALL POWER

- “. . . no man can do these miracles that thou doest, except God be with him.” —John 3:2.

THERE IS but one Mind. That Mind is Cosmic Mind. That Mind is the Power point in me now. I do not look to the opinions of others about matters I am handling metaphysically. This word that I speak is the law of elimination to any opinion that does not match the Truth.

All power needed to accomplish my desire is immediately available to me from within. I contemplate my mind as being one with Cosmic Mind and thereby having all its attributes. This being true, Subconscious Mind is now specifically directed to override any erroneous mental programming of which I may be consciously unaware. It now accepts the new program consisting of my true desire and supplies all power necessary to bring it into manifestation.

Subconscious Mind is now authorized to present to my consciousness only those ideas that stem from this new parent pattern. Since it is all Power, it automatically dissolves any and all negative beliefs regarding this desire and causes me to live in the atmosphere of the desire fulfilled. So be it!

G. W. Field

Saturday, February 14

I THINK LOVE

- “. . . be of one mind, live in peace; and the God of love and peace shall be with you.”—II Corinthians 13:11.

REALIZING THAT there is only one Mind, I know that all parts of the Whole are harmoniously united and that Love is the motivating power of the world. As I express love, I know the joy of serving. I think love, and a warmth fills me; I am at peace. I think love, and my body responds in health and increased vitality. I think love, and in the stillness of my being I receive Divine direction to carry on my work. I think love and know that through its expression I can forgive and be forgiven. I think love, and it comes forth in compassion for those who need a helping hand. I think love, knowing that love can restore peace to all mankind, and my thought goes out into the world.

The power of Love flows through me. I know that it comes from the one Source which is God. I am uplifted; all weakness disappears. I know the joy of loving, and give thanks that it is so.

Gretchen Bremermann

Sunday, February 15

I USE MY GOD-FAITH

- “. . . I will shew thee my faith by my works.”
—James 2:18.

THE ABSOLUTE faith of God is manifesting an infinite variety of forms according to image. Through my God-given dominion I image my desire. By the God-faith in me I know that it is being brought into form by the perfect action of the Law of Mind. I do not worry as to how this can happen. I accept myself as God individualized. I know that my God-faith empowers my choice. It is moving Infinite Subjective Mind in the chosen direction. My good result is inevitable.

No past negative experience of others or myself can diminish my God-faith. I release the past. I think and feel only in the eternal here and now. I expect only good, therefore I experience only good.

My God-faith fills me with joyous anticipation. I look forward to each day as an adventure in God-living. I see the reflection of my own God-image in others. I rejoice in the God-presence everywhere.

I use my God-faith and see only good.

Albert H. Cameron

REALITY AND YOUR LIFE Lesson Two YOUR REAL IDENTITY

SILENTLY, SOFTLY the snow is falling, tiny individual flakes floating down, billions upon billions of them. Yet each one is unique. There are no two alike. Each is an artistic gem. All are of the same substance. Yet each has its own identity.

Like these beautiful crystals are people. All are of the one Spirit, the one Mind and the one Substance. Yet the body bears witness to the fact that each person is unique. Every organ, yes every cell – not just fingertips – bears the stamp of this uniqueness. What is this physical evidence saying to us? What else but: “You are specially designed by the Infinite Artist. You have a definite identity in the Spirit and Mind of God. You have something to give, do and be that is separate and distinct, something that no other can give, do or be.”

The identity of a snowflake remains intact as it floats down with others in response to the forces of air and gravity. This identity is not in form only but in action also. Each flake, due to its shape and size, responds individually to the

forces around it. It is not governed by what other flakes do, how many or how few there are. It is purely itself. Only when the action ceases and one flake piles upon another is the identity lost.

You express your Divine uniqueness when your responses to the forces of life arise from your inner identity rather than from the multitudes of public opinions and pressures. What you are – to give, do and be – is stifled if you “let the world around you squeeze you into its own mold,” as Paul put it (Romans 12:2, Phillips Translation). But unlike the snowflake, which must at last become part of the mass, you have the right and power of choice. Fear cannot force you into conformity with the crowd. And even if you should succumb to the forces of conformity, your true identity, again unlike the snowflake, is inviolate. You can choose to “let God remold your mind from within.” (Romans 12:2.) You can choose to reactivate your Divine identity . . . the artistic gem which you are.

Carleton Whitehead

Monday, February 16

MY CHOSEN WORK IS A JOY TO ME

- “. . . walk worthy of the vocation wherewith ye are called.”
—Ephesians 4:1.

I AM A creative center in Infinite Mind. Creative energy expresses through me. With enthusiasm, I work with the Law. I cannot fail, for all the power of the universe is with me. It guides and supports me.

I cooperate with the Divine plan for a perfect world by being definite in my goal, positive in my approach and persistent in my effort. My choice of vocation is one that is true to the principles in which I believe, for I know that my destiny is within myself.

I utilize my time constructively in developing my individual talent. It is marketed according to the Law of Right Action. No outside condition can disturb the continuity of faith and inspiration that flows from the center of Divine Wisdom within me.

Every working hour I express life, love and joy, for I am grateful for the opportunity to display my particular ability. I work not for ego satisfaction, but rather I “do all to the glory of God.” It is so.

Ilomay Bailey Sims

Tuesday, February 17

WISDOM DIRECTS ME

- *"Wisdom hath builded her house, she hath hewn out her seven pillars."* —Proverbs 9:1.

OMNISCIENCE IS in all through all as all. Therefore, It is functioning in my consciousness this day, and I affirm this to be so. I am wise with that Wisdom which knows what to do and directs my doing it. It impels me to know the greatness which I am and the greatness I can experience. I am wise right now.

Right action is taking place in my thinking and right results are happening in my world. I am governed by right ideas, and all that I do prospers. There is nothing in my subconscious mind that can impede God's action. I am receptive to God's Ideas. They are the Light of my world, and I give them free reign.

My consciousness is God's Consciousness, and I am secure on my pathway to greater good. Therefore, all fear is negated and comes to mind no more. My thinking is clear and direct, for Wisdom governs and Love fulfills. I live effectively and grandly. I praise and appreciate the Wisdom that is mine.

Raymond Charles Barker

Wednesday, February 18

SPIRIT EXPRESSES PERFECTION THROUGH ME

- “. . . glorify God in your body, and in your spirit, which are God's.”
—I Corinthians 6:20.

I BELIEVE IN the perfection of Spirit. Spirit expresses itself as me, a semblance of itself in physical form. Spirit knows itself as perfect being. Since I am a manifestation of Spirit, it knows me as a perfect expression of itself. I do not oppose this natural expression by thoughts of imperfection or limitation. Symptoms or negative appearances alert me to clear my consciousness so that the thoughts I entertain are of a nature that will not intrude upon the natural functioning of the One Mind.

I accept Infinite Perfect Being as that which I am. I am its very substance, and I know that this substance yields to my thought about it. My thought is that every part of this perfect substance, expressing as me, is doing perfectly that which it was created to do.

Spirit expresses through me what I believe about me. I believe that the physical me is Spirit as me, therefore the physical me is perfect in experience as the Spiritual me is perfect in reality.

William Loe

Thursday, February 19

I AM GOD'S HEIR

- *"For all the land which thou seest, to thee will I give it . . ."* —Genesis 13:15.

I AM AN inheritor of the kingdom of God. My soul is exultant and joyful as I contemplate the greatness of my inheritance. I accept the premise that all that I am capable of envisioning is mine by Divine birthright. God's lavish hand bountifully supplies me with everything that I need in every area of my life. Inner riches in the form of ideas objectify in my life as beauty, truth, health and substance.

At no time do I think of myself as experiencing lack. God's wealth is all around me. Every day brings me a greater awareness of the vastness of my spiritual estate and the joy of sharing it. I accept the responsibility of my heirship and cherish my resources. I am a wise administrator, and my affluence constantly increases.

Green meadows and fields, orchards filled with ripening fruit, blue skies, sun, moon and stars are all part of the richness of my life. My vision and wisdom are great, praise God.

Erna Wissmann

Friday, February 20

I AM AT PEACE

- “. . . let the peace of God rule in your hearts . . .”
—Colossians 3:15.

I KNOW THAT peace represents the pearl of great price for which a man will sell everything. I find peace, not through sacrifice, but through fulfillment. I realize the price that I must pay and gladly work to accomplish that purpose. I get rid of thoughts of dissension. I drop all feelings of jealousy. I permit no envy in my consciousness. I rejoice in the success of everyone I know. The greater my recognition of the principle of success at work in others, the more I automatically include this success principle as the law in my life also.

This peace, of which I am now aware, unifies my self-expression. My goal, my desires, my abilities, and my daily expression are all unified. Peace is the great coordinator. It brings together all ideas and forms them into a unified consciousness. It picks up all loose ends in my multiple desires and ties them together in a great synthesis of being. Peace keeps all my thinking within bounds.

Robert H. Bitzer

Saturday, February 21

TODAY I UPGRADE MY BELIEFS

- *“ . . . whatsoever things are of good report . . . think on these things.”* —Philippians 4:8.

TODAY I UPGRADE my beliefs concerning life and remold my destiny according to new mental images. I am completely disinterested in negatives. Therefore, there is no sense of opposition within me to negate my good. I never experience problems but always see challenging possibilities. Every issue I face is an opportunity to know more and to grow more. Through the exercise these challenges give my mental muscles, I strengthen them for greater things.

When life seems complicated I am quick to remember that God IS, and is all there is, and that I exist and express in this Allness according to the law of my being. The unity of all Life is the unity of my life also. My belief in God, Life, Love and Law frees me to be the person I was meant to be. I do not limit Life. I let Life's infinite possibilities pervade me, producing enriching effects in my outer world.

Today I upgrade my beliefs. I let. I know. I grow.

Reola H. Presley

Sunday, February 22

NOW IS THE GLORY

- “. . . the spirit of glory and of God resteth upon you. . .”
--I Peter 4:14.

THE WORDS *I can* are “now” words. Stating them, I move to a creative plateau of consciousness. All consideration of their opposites is automatically negated and neutralized in my thought. The door of mind is open to glory, and I walk through it into new adventures of living. I am not impounded nor limited by confusions. I am free.

Now, all power is mine. This power which is mine is all mind, all ideas, and all consciousness. It is God in action through me as me. It cannot be defeated for it knows no problem to solve, no negative situation to be conquered. Right ideas in my consciousness are omnipotent. I claim these ideas as my own and let them do the work that needs to be done.

Now is the time and the ease of my demonstration. In the “I can” consciousness I am stabilized in creative thinking, and this thinking causes my good to happen. I am unconditioned consciousness, and what I want to create I know I CAN.

Raymond Charles Barker

Monday, February 23

I EXPECT UNEXPECTED GOOD

- *"My soul, wait thou only upon God; for my expectation is from him."* —Psalm 62:5.

GOD, THE Good, is the only Source and the only Presence. Thus I expect only good, for my expectation is from Him. I do not base my expectations upon human polls or prophecies. I look beyond such limiting predictions to the Wisdom which, seeing all that It had made, proclaimed it very good.

I state my claims for specific states of health, supply and achievement, expecting their specific fulfillment. Further, knowing that the nature of Mind is to fill one's cup to overflowing, I expect the Divine overflow to manifest in wonderful ways beyond my specific visioning. I expect unforeseen opportunities, unanticipated blessings, and undreamed-of vitality. I expect my faith and my spiritual stature to grow far beyond my present power to imagine.

I accept the element of delightful surprises as a fringe benefit of my constructive use of Mind power. I gear my consciousness to the best I know, and expect even better because of my oneness with Infinitude. I expect the exuberant joy of unexpected good.

Elena Goforth Whitehead

Tuesday, February 24

I GIVE GOD FREEDOM WITHIN MY MIND

- “. . . prove what is that good, and acceptable, and perfect, will of God.”
—Romans 12:2.

FOREVER IN the now, eternity's present moment, live I. Real as God in me is MIND, our Father. It is the texture of my aliveness, the fabric of my ideas. I renew them daily. I prove the will of God. I change them and myself, for without change is not anything made new that is made new in me and in my world.

As MIND all have the same origin and destiny as I. *There* (where this is true) spirituality forms my right thinking. *There* I am not persuaded by speech or platitude. *There* I know purest Truth, think accordingly, and abide by it. *There* I know beforehand what I am doing and that it is Mind as Law doing it because of my affiliation with IT as God. All things are possible to me by this alliance as I believe — what I believe — within IT.

This instant is the only reality. Involved, I give it meaning and course. A freedom am I to God's Infinite Mind expanding Its Destiny in me.

Fritz Hermanns

Wednesday, February 25

HEALTH IS MY HERITAGE

- *"That thy way may be known upon earth, thy saving health among all nations."* —Psalm 67:2.

I NOW ACKNOWLEDGE God as the source, the substance, the ALL of life. I now acknowledge that God is Life itself, the only life there is; therefore the life I am is God's Life. Being God's Life, it is flawless, pure, unconditioned and free. His way is made known upon earth through the Self-renewing power of Life.

I know that the wholeness of health is the spiritual fact *now*, and no distorted condition can alter that fact. I do not concern myself with the appearance of any condition, or any human opinion of it. I give my attention to Life, not disease. I speak the Truth about myself, acknowledging Life's essential harmony. I hold fast to the Divine principle that a constant perfection underlies everything that appears. I see Life renewing itself right here, right now, *as me*. I stand upon the firm ground of spiritual Truth and refuse to be moved from it.

Health IS my Divine heritage. Its wholeness includes every aspect of Life's living. I accept it now!

Dion Reed

Thursday, February 26

I AM HAPPY

- *"I will be glad and rejoice in thee . . ."* —Psalm 9:2.

I AM HAPPY. This is the simple truth about myself: I am happy! God's wonderful universe is my universe, and I move through it in perfect joy. My consciousness does not entertain any depressing or unhappy ideas. I know that everything I need and desire for perfect fulfillment is already supplied to me by the Divine Creator. Happily I move through this knowledge to claim my good.

The greatness of God is evident in every experience of my life, including the simple everyday things: a warm smile, a friendly chat, a comfortable room, a completed task, a new idea. I am happy as I relate to people, happy as I go about my daily routine, happy as I express myself in my times of leisure. I uncover Truth with my every gaze. My attention is held on that which is joyful and fulfilling.

My sense of happiness attracts my own to me. Everyone who contacts me beholds a happy person. My mind is centered in Spirit and I can truly say *I am happy*.

Eric Pace

Friday, February 27

I LET MY FAITH WORK

- *“Through wisdom is an house builded . . .”*

—Proverbs 24:3.

AT THIS moment that which I seek, seeks me. At this instant every answer to living fully and completely, as Divine Mind meant for me to live, is within my consciousness. The Infinite Intelligence brings every opportunity for me to express in a constructive, creative way. I am motivated to be in perfect harmony with the universe around me.

This is a day of spiritual growth. Happiness takes over my life, negating subjective thought patterns of doubt and fear. I am not in bondage to old ideas. I free myself from false concepts of lack and limitation.

I have the conviction to say, “I can” and “I will.” I have the courage to vow, “God, I am ready. Show me the way.” I consciously turn my thinking to what I want to be and allow the Infinite to express Itself through me. I let my faith work for me. I follow the way opened to me now.

Jack Moore

Saturday, February 28

I RELEASE EACH COMPLETED EXPERIENCE

- *"God is my strength and power: and he maketh my way perfect."* —II Samuel 22:33.

WHATEVER I UNDERTAKE I complete, because the creative idea that prompts me to act continues to work until its purpose is consummated. Always, the cycle is maintained: the cause followed by its effect. Each completed cycle makes way for another cycle. This endless performance insures my growth. I am quick to let each experience complete itself. I do not linger over it nor try to delay its action, because its completeness will immediately launch a new experience.

This law of growth is continuous, therefore I do not try to measure my experiences of today in terms of any other year. The law of my life takes me forward, therefore I am constantly transcending previous commitments and assignments. I am outperforming myself because this law of expansion is constantly at work. I greet each completed experience with joy, because it is the signal for greater accomplishment. I am not reluctant to accept challenging adventures that afford new expressions for my talents. I release those completed experiences and make way for the new.

Robert H. Bitzer

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Underneath the inharmonious and trivial particulars is a musical perfection; the Ideal journeying always with us, the heaven without rent or seam.

Ralph Waldo Emerson
(In his essay "Experience")

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