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# CREATIVE THOUGHT®



FOR EACH DAY

RELIGIOUS  
SCIENCE®

35¢

## THOUGHTS FROM THE EDITOR . . .

**F**REEDOM is wonderful, but it entails great responsibility. The freer a person is of standards imposed by church or society, the more thought he must give to standards of his own choosing, and the more inner strength he must have to stand by them.

The purpose of civic freedom is to produce a better society by producing better persons. Liberty for either nations or individuals is not an excuse to go to pieces morally. True freedom is not an anesthetic of the conscience that eases people into apathy or anarchy. Freedom frees nations and individuals into being greater, not less, than they are.

Religious Science frees the individual from many inhibiting traditional concepts. But in so doing it infers his desire for individual growth and spiritual maturity, which entails structuring his thought and behavior in spiritually acceptable ways. The Religious Scientist knows that his choices, to be right, must flow from his Divine identity. He uses his wonderful freedom to lift himself (and society with him) ever closer to the Divine ideal.

*Elena Goforth Whithead*

# *The Webs We Spin*

by

*Frank E. Richelieu*

THE ROLE man plays in life is unique and very demanding. All of creation follows a pattern and a plan. Man has to create his pattern, choose his plan. He has the distinction of being far out and above all other creation. He was made in the very image and likeness of God. Yet God is the life force of the universe, which is formless, limitless and all-encompassing. To be the being that God created him to be, man must stop thinking of himself in a finite, limited manner. He must come into the consciousness that he is "formless," capable of shaping the fabric of his life into the pattern of his mind's creations.

As the spider spins its web out of itself, so does man spin the web of his individual life out of the substance of his own thinking. The spider follows one pattern every time he spins. Man, however, creates different patterns of living in accordance with his freedom of choice.

A spider's web is delicately fine, deliberately sticky, so that unwary insects will be captured

and consumed. Man's needs are far different from those of the lowly spider, yet how often man weaves a similar web in consciousness about himself! Subtly, intangibly, beliefs of race consciousness form the threads. Slowly, steadily, his acceptance locks them into place. Gradually this inner web becomes a trap for all kinds of mental and emotional negative insects of thought which neither nourish nor sustain him for the good.

Man can free himself from this self-imposed web of negation. He can do this first by becoming aware that it exists. Second, he can dissolve it through the light of his awareness of his relationship with Infinite Spirit – God. Third, he can create a new world about himself through conscious control of the thoughts and emotions he emanates.

We must arise and assume our Godhood in the Divine scheme and the responsibility that this entails. No longer need anyone live at the level of consciousness of a spider, symbolically speaking. We were born to weave originality. We were born to choose.

Is the pattern of life that surrounds us today acceptable, or one which we have accepted? The choice is entirely ours.

## *Prepare for the Harvest*

- “. . . Lift up your eyes, and look on the fields; for they are white already to harvest.” —John 4:35.

**A**S THE PLANTERS laid the weight of time and labor on the newly planted seed, the Speaker admonished them to place their attention on the reaping of the harvest. To weed with discrimination, water with faith, and trust the intelligent action of life in each seed, insures a bountiful harvest. The attention of the planter must be focused on preparation for reaping and marketing. No intelligent planter plants other seeds on those already in the process of growth.

There is an intelligent principle of mind that accepts the words of treatment and begins the process of demonstration. When a specific treatment has been given to the creative law, trust the law and give your undivided attention and anticipation to the fulfillment of that treatment. Focus your further treatments on the deepening of faith, securing intuition, expanding imagination in intelligent preparation for fields white with the harvest.

Be expectant and expansive in every preparation for the reaping, and all will be well with you.

*Docia Willits Norris*

# *The Impossible You*

by

*Raymond Charles Barker*

**T**HE WRONG USE of our minds and emotions makes us impossible people. It closes and locks the doors of our mentalities and curtains the windows of consciousness so that no inspiration can enter. Those who use their minds in the wrong way sit in the darkness of their own making and bewail their fates. They supplicate their God to no avail.

To people who were wide awake Jesus said, "Awake ye." To people who were alive he said, "Arise from the dead." His perception of the self-entombed individual was great. He knew the mental prisons we enter through our misuse of consciousness.

The Infinite Mind could not create an impossible individual. To do so would negate Its own unity. We were born free to use our minds and emotions in any way we may choose. Ignorance is no excuse, but we use this excuse when we entomb ourselves in our negative states and proceed with our material alibis

which any spiritually alert soul knows are false.

“God could not make imperfect man His model infinite” are words to a hymn sung in Religious Science Churches. They are true. Every self-closed door in consciousness can be opened. Every shuttered window can be cleared. The way out of our problem is a way upward in thought. “I will lift up mine eyes unto the hills, for my help cometh from the Lord.”

Evil is never permanent. It remains as long as our consciousness clutches it to our bosoms and revels in its fears and discouragements. It ceases with the upward thought. Its foundations are shaken when we speak the affirmative word. It melts to nothing as we continue to think as God would think. Having located the Divine Ideas within ourselves, and then employing them through our right thinking, destroys all impossibilities and brings to pass the desires of our hearts.

Self-honesty necessitates seeing ourselves as we have made us. Next we compare this with the true knowledge of ourselves as the Infinite created us. Only when the two have become one without any reservations are we the men and women worthy of our creation. Then by means of us all things of the Spirit are possible.

# *The Purpose of Being*

by

*Tom Johnson*

**T**HERE IS always a purpose to each day, a reason we are here as a part of life. We are not here by accident. While we are free to choose the ways we are to fulfill our individual purposes, all of these choices must be governed by a larger purpose. Whatever we do must be creative, it must be geared for success, it must be worthwhile, it must be affirmative — otherwise there would be no reason for being. We certainly were not created to destroy, belittle or live in a mediocre way. It is our purpose to be the avenue of all that God is in whatever we think, say or do. It is our purpose to individualize the greatness and grandeur of God.

Everything that you do can be the experience of God, depending upon how you are directing the action that is going on. Whenever you expect a mediocre performance from yourself you will always get it. By the same token, by



expecting greatness, by giving the best of your thought and therefore your expression, you are fulfilling your Divine purpose of being.

The purpose of being is in knowing not what you were or are going to be, but what you are. The purpose of being is to be completely aware of this day, this moment, and of that which you are in this day, this moment. You help others not by being aware of their problems or their suffering, but by being aware of the truth, the healing power of your God-Self and the Reality of the other individual. A disease or problem is yesterday made manifest, and yesterday has no purpose in today. The purpose of being is to give and to share life's good, and you cannot do this by handing back people's problems through sympathy or agreement.

There is purpose in this day. Something needs to be said or done by you, something magical in its truth, its inspiration, its excitement. Your purpose is to be yourself, a unique expression of all that God is, in your goals, the ideas that you use, in all that you think and do.

## *The Changed Consciousness*

A CHANGE of thinking results in a changed world. A change of consciousness is the most important task of the day. Even when our consciousness is "high" as we start our day, it can be raised higher.

The purpose of the following affirmations is to help us change our consciousness — our belief about ourselves. To read the treatment for the day with sincerity and feeling and not make some change would be impossible. In addition, we are meeting on the invisible subjective side of life thousands of others who are also desirous of effecting changes.

Our warmth and depth of feeling adds to the over-all consciousness of every person on earth. As Jesus said: "If I be lifted up I will draw all men unto me."

To read and change our consciousness to start our day is good—to read and add to it in the middle of the day helps more—and to finish the day with a great spiritual awareness is true creative living.

*Earl D. Barnum*

*Friday, May 1*

### I ABIDE IN PEACE

- *“God is my strength and power: and he maketh my way perfect.”* —II Samuel 22:33.

**I** AM one with the only Power and Presence there is: God. Spirit sustains and maintains me at every moment and in every situation. Therefore I know total peace, the peace that passes human understanding. I am calm and quiet as tranquillity fills my consciousness. Abiding in peace, I am free from fear and anxiety. My understanding of peace relieves me of the burden of false belief in struggle or strain. No person, place or thing disturbs my serenity. I think clearly and logically because my mind is not cluttered with negatives.

I am at peace with my body; therefore I know perfect health. I am at peace in my daily affairs; so I experience total self-expression and prosperity. I am at peace with myself and my fellowman; thus goodwill and understanding pervade my relationships.

Filled with Divine peace, I move with ease through life, carrying a sense of security everywhere I go. Peace permeates my every action, making joyful each activity that requires my attention today.

*Eric Pace*

*Saturday, May 2*

I AM PROSPERED BY MY LOVE OF LIFE

- “. . . love is the fulfilling of the law.”—Romans 13: 10.

**T**HE LOVE OF GOD is my source of success and prosperity. This idea, operating as my basic thought pattern, transforms my life. All the forces of my being are aligned with the fullness of life. Knowing that the quality of my thought is my consciousness, I erase old thought trends such as “I can’t” or “I can’t afford,” and I embody a greater, better concept of myself as success.

By the law of love, everything yields to me its best. I love life and I am drawing to myself the gifts of love and life. As I live in my awareness of inexhaustible riches, Life seeks to serve and bless me, for it is the will of God that I am fulfilled. I give grateful attention to the presence of these blessings and now open the way to a fuller life.

My feeling of God’s opulence activates the flow of prosperity into my life. I love Life, and the gifts of love and life are mine.

*Hazel Jimerson*

*Sunday, May 3*

I REJOICE AND I AM GLAD

- *"Thou hast put gladness in my heart. . ."*—Psalm 4:7.

**M**Y INHERITANCE of the fullness of God includes the fullness of that joy which is in God. This is not a partial gift to me. It is total and free, and I have subconsciously accepted it without restriction. All the joy of living excites my consciousness and alerts it to creative ideas which fulfill themselves by means of me as tremendous demonstrations.

All is well with my life. I have no condemnation of people, situations or political figures or events. I affirm the workings of the Spirit in all and through all. I look out upon my world and proclaim it to be good. I "agree with my adversaries quickly" by knowing the Spirit which indwells them. I rejoice in my fellowman.

I maintain my joyous thinking. I let no man disturb me, for I am conscientious in holding fast to the Truth. I am so busy releasing the good news of the joy of the Lord, that anything contrary has no meaning for me. Today I rejoice in being alive.

*Raymond Charles Barker*

*Monday, May 4*

I LIVE AND WORK IN THE ATMOSPHERE OF LOVE

- *“Delight thyself also in the Lord; and he shall give thee the desires of thine heart.”* —Psalm 37:4.

**I** DISCIPLINE myself to learn to love myself as the child of Divine Birthright, so that I may radiate love that is helpful to my world. God is the Resident Life in every life. I love God, therefore I love all people. I am one with the One in all.

As I commune with God, I commune with everyone, for all are in and of God. There is no lack of communication, and understanding is easy, joyous and certain. Working with others within the Whole, I observe progress in every area of life. Light and love are brought to fill the desire for understanding.

Everyone I work with is wonderful. There is no conflict, for One Interest pervades all. Everyone gains and no one loses. There is enough good work for everyone to do and the compensation is fair. The atmosphere of love enhances the unique contribution of each worker, and peace accompanies Divine expression.

There is no fatigue in me, for I am free of conflict and centered in Love.

*Juanella Evans Lynch*

*Tuesday, May 5*

IGREET EACH DAY WITH A NEW ATTITUDE

● “. . .the Lord's mercies. . .are new every morning. . .”

—Lamentations 3:22-23.

**I** CANNOT be sustained on last week's food nor last week's inspiration. Each day brings inspiration commensurate with that day. As wonderful as yesterday was, it no longer exists so I approach each new day with new conviction and new inspiration. I enthusiastically accept the good that this new day unfolds.

My life does not stand still, because the driving power of inspiration breaks down old thought patterns and old concepts as to what I have been in the past. Divine inspiration enables me to see myself in a different light. Former personality limitations and weaknesses have no power. I discover new depths of consciousness and a greater peace than I ever imagined. This inner stability keeps me steady and unwavering. Inspiration ignites my talents and brings forth their real expression. There is no dullness, no monotony, in my life, because inspiration is constantly lifting me to higher levels of unfoldment and a greater release of that which I really am.

*Robert H. Bitzer*

*Wednesday, May 6*

I AM A BALANCED INDIVIDUAL

- *“Let the words of my mouth and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.”* —Psalm 19:14.

I AM a balanced individual. My desires do not overwhelm me; my intellect does not overpower me. They cannot drive me in adverse directions nor pull me between them, for I use them in harmonious balance to project me toward the worthwhile objectives of my choice. I am constantly moving in the direction of my goal, and as I reach each step along the way I accept it as another milestone in my unfoldment.

Through my proper use of the creative imaging power within, my desires are out-pictured in ways fulfilling for me and beneficial to my loved ones and the environment in which I live. I understand the proper use of desire, which is to inspire me to constantly greater expression. I understand the guiding power of right thinking. I think, feel and act, instead of emotionally and unthinkingly reacting. I am master, not slave, of my mind and emotions.

Desire and thought balanced and directed by the Power within me assure me of success in all that I undertake. *Reola H. Presley*



*Thursday, May 7*

I USE MY SENSES RIGHTLY

- “All things were made by him. . .” —John 1:3.

**I** CLEAR my thoughts. I still my self. I am alive to Mind-Infinite, now composing new Self-reflections in me. God always indwells me as my experience of absolute health in spirit, soul, mind and body. Nothing imposes any restriction whatever on the Divine nature of God’s Spirit, free in me. I am relieved from stress and tensions. Inner and outer peace, comfort and joy gladden my existence.

I love being accustomed to thinking of myself and of others in terms of total well-being. I accept it. I trust it. I express it. And my heart is daily filled with an increasing sense of wonder. Greater is my constant anticipation of yet truer self-knowledge. I feel the reality of being a living function of the Will of God.

Clearer thinking and more refined feelings expand my consciousness. I know now that my senses are God’s ways for me to recognize the testimonies of Himself in all I perceive. What I feel joyously conditions my physical excellence. What wonderful contentment I experience!

*Fritz Hermanns*

*Friday, May 8*

THE ONLYNESS OF GOD IS MY SECURITY

- *"Look unto me, and be ye saved, all the ends of the earth: for I am God, and there is none else."*

—Isaiah 45:22.

THE ONLYNESS of God is my infinite security. That security is always here and now. In the face of all problems that appear on the human scene, I look unto the One, the Only, the All of Being, for herein is my strength, my stability. Here, at the very Center of That which is being me, I find an inexhaustible reservoir of strength, power and peace. Here I find a fountain of pure joy and free-flowing love, untouched by the events of the world, undiminished by the happenings of the human self. Here, at the Center of Being, I find the brightness of pure Wisdom, showing me which way to go, revealing the answer to every dilemma. Here is the fullness of the faith that moves mountains of difficulties and casts them into the sea of nothingness.

I am the Action of the Self-knowing Mind of God! No circumstance has any power to disturb or upset me, because I know that the Onlyness of God is my absolute security.

*Dion Reed*

*Saturday, May 9*

MY PERFECT UNFOLDMENT IS NOW

- "...Come; for all things are now ready."—Luke 14:17.

**I** AM NOW experiencing the pure flow of God Consciousness. I am aware of Love, Peace, Joy and Harmony in a totally new way. The centers of my mind are open and receptive to all that God is. All thoughts of fear, doubt or limitation are now replaced by the perfect knowing of the power of God within. I *am* every good experience that I have sought to become. The way of the Infinite now leads me to my perfect place, at the perfect time, with perfect knowing. My oneness with the beautiful flow of consciousness that streams forth from God lifts my thoughts and, in turn, my experiences.

Where I might have hesitated, I now go forward. Where I might have felt anxiety, I now know faith. The ways in which God expresses through me are now infinite, even to my awareness. Wherever I look, I see God. Now, instead of feeling limited, I know the UNLIMITED potential that I am expressing. This expression is a growing acceptance of the Divine nature within.

*John V. Glasser*

*Sunday, May 10*

I EXPRESS THE PERFECTION OF BEING

- *"I and my Father are one."* —John 10:30.

**I** RECOGNIZE God as THE ONE, a Unity in which there can be no separateness. Therefore I am one with the One — one with perfect Life, divine Love, infinite Wisdom, limitless Power, fullness of Joy, and everlasting Peace. This perfection of Being is my true nature, coming into visible expression in an orderly way.

Day by day I express more perfection in my entire being. My body is vitally alive with the Life that is God, and every organ functions perfectly. My mind is clear, my memory is unfailing, my thinking is positive and productive, and my reasoning is sound.

Love, divinely natural to me, casts out all fear as quickly and as effortlessly as light dispels darkness. Love is the motivating, healing, prospering power in every area of my life. This activity of Love in and through me works unfailingly to perfect all that concerns me, and my health, happiness and success are assured.

In conscious oneness with all that God is, Peace and Joy reign supreme.

*Miriam H. Crowder*

*Monday, May 11*

I AM HOST TO GOD'S IDEAS

- “. . . he is my God, and I will prepare him an habitation. . .” —Exodus 15:2.

**I** AM the individualization of the Infinite Mind and the Divine Love. I am he who was to be. I am the Beloved Intention and I accept the responsibility of the free gift of my being. I welcome God's Ideas in my consciousness, for here is their normal habitat. God's Ideas do not come to me, for they have always been in me as my true inheritance.

I am now awake and alert to my inner wealth. Here are my inspiration, my correct motivation and my healthy desires. I do not seek my good in the material world; I find it within my consciousness and bring it to pass in my outer experience. My full dependence is on this inner Source of all good.

Being a good host, I nurture these inner Ideas with the full substance of my thought. I do not wander in the miasma of fears, doubts and wrong conclusions. These are as nothing as I sense the enriching of my soul by That which is of pure Spirit within me.

*Raymond Charles Barker*

*Tuesday, May 12*

I RELEASE MYSELF TO THE FULLNESS OF LIFE

- “. . . whatsoever ye shall loose on earth shall be loosed in heaven.” —Matthew 18:18.

**T**ODAY I release my Self to Life. I live as I let live, trusting in the Lord, the Law of perfect fulfillment that takes my every desire for a harmonious, wonderful life and acts to bring it into expression.

I do not resist what seems to be evil; rather, I let Life flow in its normal channels of love, peace, health, abundance and joy.

I do not confine experiences nor define relationships. I trust the already perfect nature of Life as the forever perfect relationship existing between me and my God: infinite, eternal oneness of Mind in which there is no separation at all. Thus I magnify the Lord as I release the little will to the Greater Will.

I let go of hostility and let there be love. I let go of anxiety and let there be power. I let go of self-rejection and let there be confidence. I let go of conflict and let there be freedom. I let my Self go and let there be joy.

*Mary Margaret Cater*

*Wednesday, May 13*

I ACCEPT GREATER OPPORTUNITY

- “. . .whosoever hath, to him shall be given. . .”

— Luke 8:18.

**S**PIRIT meets every demand made upon me. I am always ready for every opportunity to release my true power. My acceptance of inner ability provides the ways and means for its expression and expansion. Nothing can deny the opportunity that belongs to me. The Mind that causes me to recognize my talents is the same Mind that provides the opportunity for their expression. I accept myself as a Divine Being and this provides the avenues through which I can express this divinity.

The truth that I recognize about myself cannot be denied nor replaced. At all times I am ready for a larger expression. Wherever I go this limitless power of Mind finds its outlet. Life is limitless activity, and I am that Life which never stands still. I am constantly expanding my thought about myself and, therefore, every day brings a new opportunity to prove that which I am. My limitless capacity cannot be denied. I welcome every opportunity to let that which I really am come forth and express.

*Robert H. Bitzer*

*Thursday, May 14*

MY SPIRIT IS PROSPEROUS

- “. . . trust. . . in the living God, who giveth us richly all things to enjoy. . .” —I Timothy 6:17.

**T**HE SPIRIT of worthfulness is a God-given attitude. I accept myself as being a unique and valuable idea in the creative process. My mind creates new and interesting opportunities. I am vital with the enthusiasm of being alive. I give my attention only to things of good report, to concepts that are valuable to me. I do not lapse into mental and emotional inactivity or negativity, thus I move ahead unimpeded.

What I put my mind to prospers. What I put my hand to increases. What I put my heart to blossoms. I am the means of success in my world. I watch and respond to the constant unfolding of possibilities. My mind proceeds from opportunity to possibility, to probability to assurance.

I know that Life wants me to succeed. I trust the indwelling Creative Spirit of God which gives me richly all things to enjoy. The attitude of sharing, giving and receiving creates a flow of riches for me. I distribute enthusiasm, intelligence and joy, and prosperity results.

*Roy Graves*



*Friday, May 15*

I AM LED BY THE SPIRIT OF GOD IN ME

- *" . . . ye are the temple of God. . . the Spirit of God dwelleth in you. . . "*  
—Corinthians 3:16.

**I** START this day with the idea of an unlimited Self. Within me this Self exists, and as I become aware of It, It takes charge of my life. This Self, which is God, is Power, Prosperity and Perfection, and knows no opposites. As I align my thinking with these God-ideas, my consciousness is free of fear, anxiety, frustration and doubt. Within me is the Intuition and Intelligence to guide my path in life. I make contact with It and depend upon It. It leads me into new channels of usefulness. New relationships appear as I pronounce my freedom from all that would inhibit my full expression of being.

Everything I do, I do with ease and precision. Wherever I go, this Self perfects that which concerns me. I am forever meeting my Self in others, and as I know It to be love and nothing less, love is my constant encounter.

I am the vehicle through which God expresses life. The way before me is joyful, new and infinitely rewarding.

*Frances M. Merrill*

*Saturday, May 16*

I CONTEMPLATE PERFECT HEALTH

- "...I will restore health unto thee..."—Jeremiah 30:17.

**S**PIRIT creates things by contemplating Itself as things. I am Spirit. I contemplate my physical body and see it as perfect in every way. I see beyond imperfect appearance knowing that such an appearance is limited thought manifesting as limited condition. The exact nature of that thought may be obscure, hidden deep within my own consciousness; but whatever its exact nature, it is false. That which is false is always overcome by an awareness of truth.

The truth is that I was created in perfection, out of perfection, with power to sustain that perfection all the days of my life. The command of Jesus was "Be ye therefore perfect, even as your Father which is in heaven is perfect." If such perfection were not possible, the command would not have been given. So my command to any seeming physical imperfection is, "Be ye perfect." My command sets the Law into action because the Law is my servant. I speak with authority. I expect my command to be carried out. The servant recognizes that authority and it is done.

*William Loe*

*Sunday, May 17*

I DIRECT THE LAW WITH WISDOM

- *"That the righteousness of the law might be fulfilled in us. . ."* —Romans 8:4.

**T**HE LAW OF MIND is always in operation, and it never fails. I am more completely aware of this Law today than I ever have been before. I recognize my responsibility to direct it with wisdom and precision. I know that I can never escape the consequences of my thought, for this exact Law fulfills my beliefs. I give full attention to the direction of that Law by centering my attention on the nature of God and keeping it there.

As I contemplate the nature of God, God is free to express Itself by means of me. My thought is concentrated on life, health, wealth, success, beauty, order and perfection, and the action of God evolves as the physical manifestation of these ideas in my life.

I am reminded of my Divine nature at all times, no matter what the outer appearance may be. My awareness of God expands by means of my deliberate use of constructive thought, therefore the experience of God continually evolves by means of me every day.

*Tom Johnson*

## REALITY AND YOUR LIFE . . . Lesson Five . . . ANSWERS FOR THE ASKING

**I**N EVERYONE'S life are questions demanding answers. Right answers make the difference between *living* and existing. The following episode illustrates both the attitude and the action of mind necessary to arrive at right answers.

"Daddy, what is a conger?" "I don't know, Mary, but I'm sure we will find the answer in the encyclopedia." Together they seek, first in volume 6 under "C", the obvious place to look. "Hmm, not here. Best we try the index. Ah, here we are! Conger, eel — volume 8, page 21c." What they discover is not just the simple answer to the question, but the whole fascinating story of the eels' journey from the Seven Seas to one particular area of the Atlantic.

While the above is an example of simple healthy curiosity, it illustrates four points of successful answer-seeking: 1. Before the question was asked, the answer existed. 2. As soon as the question was asked, the existence of the answer was taken for granted. The attitude of mind was that of "having received." 3. The seeking was carried out with an expectation of finding. There was no "giving up"

when the first avenue did not produce results. 4. The answer opened a hitherto unknown area of nature.

Consider now these four points in relation, not to the limited collection of knowledge in the encyclopedia, but to the unlimited scope of MIND. Each of the four points illustrates a principle of Mind and how to apply it.

1. To Infinite Intelligence, question and answer are like the outside and inside of a house. See the one, and you instantly know that the other exists. 2. Mind responds by corresponding. Your acceptance of the fact that the answer is known in Mind opens the channels through which it is revealed. 3. Expectation sustains your faith in the process of revelation and opens your consciousness to recognize the answer as it appears. 4. True answers from Mind always open doors to greater visions of life.

"Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you."

Carleton Whitehead

*Monday, May 18*

I AM RICH IN CREATIVE IDEAS

- *"In the beginning was the Word. . ."* —John 1:1.

**A**LL TANGIBLE good is the outpicturing of the word, the idea that preceded it. I am one with Infinite Mind, the Source of all creative ideas. I now open my awareness to the influx of these ideas.

I thrill to the knowledge that as I ask, it is inevitably given to me, but in the form of *idea*. A great peace comes upon me as I recognize that God, active as Infinite Mind, never fails to respond to my true seeking. I give thanks before I ask, for I know that Divine Mind never says no.

I give thanks for creative ideas for better health for myself and others. I am grateful for the abundance of creative ideas presented to me for greater wealth of consciousness. I express my thanks for ideas about love, by loving.

I am receptive, now and from now on, to the ceaseless flow of creative ideas for a fuller, more glorious expression of life. With peace, trust and joy in my heart, I rest confidently as I let it be so.

*Earl D. Barnum*

*Tuesday, May 19*

I LOVE

- “. . . *they shall prosper that love thee.*”—Psalm 122:6.

**T**HE LOVE OF GOD is the love which I am. It is my spiritual equipment to share the wealth of the Spirit with all whom I know. Love is my Divine inheritance and I know myself as this Love. I am not just a human being trying to love people. I am Love releasing Itself by means of me in effortless ways.

Enriched by this Love, I enrich all whom I know with It. Whoever thinks of me thinks of me as a loving person. I am known as Love, for I am established in Love and I fully am aware of this truth. There is nothing in me that argues this point. All functions of my consciousness are coordinated for the full expression of this Divine givingness.

The response to my loving is tremendous. In all ways and through all people I am enriched greatly. My use of the Divine Love brings results greater than all money could purchase or all false manipulation could create. I rejoice in that Love which loves by means of me.

*Raymond Charles Barker*

*Wednesday, May 20*

I KNOW I CAN DO WHAT NEEDS TO BE DONE

- “. . .the Father that dwelleth in me, he doeth the works.”  
—John 14:10.

**L**IMITLESS energies, constantly streaming from out of the vastness of Life Eternal, irradiate every finite life. By these radiations *I* am powered, to learn, to reason, to make decisions; by using these *I* am fortified. As I would bend to pluck a flower, so do I reach, in mind, to the Father; instantly there comes a response.

Today new vigor surges through me, today I let new wisdom enter, today I am greater than yesterday. Without one anxious thought for the morrow I move, and find myself succeeding. “The Father within, he doeth the works.” Never a trace of the old confusions. No task can now be too fatiguing. I *know* I can do what needs to be done.

Step by step, without complaining, I simply know, with steadfast courage — all that I need is already mine. Through me there flows a greater wisdom, through me there pulses endless power, through me the work of the One is done.

*Marguerite Iwersen*

*Thursday, May 21*

I HAVE OPTIMISM AND COURAGE

- *"My soul, wait thou only upon God; for my expectation is from him."* —Psalm 62:5.

**I** DO NOT permit any beliefs in discouragement to enter my life because I know that the law of progress is constantly maintained. I give no power to fluctuations in my expression. Whether I seem to be up or down has nothing to do with the inevitable progression which my life sustains. I recognize that variations in income or expression have no power, for the creative law of my life causes things to work out in the right way.

Just as on a trip I would not be concerned by the changing landscape of desert, mountains, or water, because the train or plane will take me to my destination regardless of what territory I go through, with equal certainty the law of life will unfold my good. Acquaintances and friends may come and go, but the friendliness of my real Self can never be without its right associations. Whether people agree or disagree with me has no effect upon that which I really am. The law of progress is inevitable.

*Robert H. Bitzer*



*Friday, May 22*

I EXPRESS MY GREATER SELF

- “. . .glorify God in your body. . .”—I Corinthians 6:20.

**T**HE ever-present, loving God is my refuge. Every moment, now and forever, this Presence is a constant, definite Source of fulfillment of every need. It never forsakes me because what It is, I am.

The supreme gift of choice is mine, the God-given ability to choose or reject. As I choose to follow the Divine intention for my life, I can venture out into all facets of living with the confidence that Wisdom within me will bring forth the perfect blueprint for the right use of all my talents to glorify the God within by expressing my greater Self.

With this assurance, I now let go of the little self and let the greater Self be unfolded this day. I release every desire to the Presence and let It be my fortress and strength in every situation in my life. I give thanks and release this treatment to the Law, knowing that the Divine blueprint is now being revealed and fulfilled.

*Beth Newton*

*Saturday, May 23*

I AM FULFILLED

- “. . . *The time is fulfilled, and the kingdom of God is at hand. . .*” —Mark 1:15.

**M**Y HIGHEST expectations are fulfilled here and now as I understand the infinite potential of Mind awaiting my call. I embody the idea of Truth as I invoke the law of revelation to reveal to me that which I should know for the continuing expansion of my uniqueness in expression.

I carry on my right expression of uniqueness as a conscious point of intelligence in the Universal Mind, responding to the Truth of my being with full realization of my oneness with the universality of the Life Principle. I carry out every true desire to the point of completion by performing my chosen role in life motivated by an inner sense of accomplishment. I carry into effect all the qualities of the inner Spirit of Reality, expressing the completion of Spirit: Mind as body.

In the realization that my function in life is to bring potential perfection into form, my satisfaction is continuous. I release the way to the Law of Mind and live with joyous expectation.

*Oscar M. Pitcock*

*Sunday, May 24*

DIVINE POWER STRENGTHENS MY FAITH

- “. . .thy Father which seeth in secret himself shall reward thee openly.” —Mathew 6:4.

**I** DILIGENTLY seek the inner place of Power where all is well. I look to the Perfect, away from appearances of imperfection, secretly viewing the true pattern of God's creation.

I do not react negatively to appearances of disease, unhappiness or failure. I keep my emotions faithfully trained toward the Divine Mind, which knows only health, joy and success. God cannot fail; Love never fails. I unite my awareness with the Creative Spirit, filling my consciousness with the majesty and power of the Most High. I judge rightly. I call forth the victorious.

Where negatives are pictured in the human scene I silently rewrite script, giving direction to Right Action. I do not abandon my stand in faith. I know that God is flawless Life. Man did not make life, Life created man. I seek that I may find life as God made it. Spirit pervades all Its creation, and man, Its manifestation, is of the Divine Nature. I behold that soundness of Life. I trust in God to be God. . .in me, now.

*Juanella Evans Lynch*

*Monday, May 25*

I AM PERFECT GOD IN PERFECT ACTION

- "... *Is it not written in your law, I said, Ye are gods?*"  
—John 10:34.

**T**HE REALITY of pure Being is the reality of my life. I am one with all that God, pure Being, is. That Mind which created me is the Mind which acts in me as my mind now. I know no separation from the originating Cause of my experience. I am perfect God in perfect action at this moment.

Only that which is true functions in my consciousness. All else finds no welcome in my mind. I waste no thought, time or energy on the false, the limiting and the partial. My attention is fixed on spiritual ideas. These ideas so intrigue my consciousness that all lesser ideas are unimportant. Knowing myself as the health of the Spirit, I entertain no oppositional concepts for in me they find no place to function.

Infinite Mind rejoices in my receptivity of Its ideas. To me is given the fullness of life and the joy of full expression. I am now that individual which Mind knows me to be. All channels of consciousness proclaim and release the Divinity of my soul.

*Raymond Charles Barker*

*Tuesday, May 26*

MY GLORY IS NOW

- “. . .the Lord shall arise upon thee, and his glory shall be seen upon thee.” —Isaiah 60:2.

**A**CKNOWLEDGING my oneness with God, the One Life, I accept the glory of Its eternality as my own. I do not wait until tomorrow for the glory; it IS. It is NOW. Believing in the good, I know that all that may not have been good in my experience with people is now erased.

My expectations of heaven are within my thought, which whispers the glory of this very minute. Divine right action is intelligence, wisdom and love, and operates to bring forth these qualities into my experience and expression. I know that my thinking is spiritual and I accept spirituality in all those with whom I am related in any phase of my life.

I see my own spirituality “arising” to greater knowing of good within me. I know the glories of friendship, of acceptance in every group of God-Society, and in expression of love in my human experience. His glory shall be seen upon me because I have faith in Life’s goodness expressing in and through me.

*Ruth Kalt*

*Wednesday, May 27*

TODAY I DETERMINE MY FUTURE

- "...Consider your ways." —Haggai 1:7.

**G**OD'S Divine Attention saturates the functions of my mind. I now conceive with It the best for myself in this world. I am a vital response and a fertile ground for God's Joy. It liberates me from false beliefs in human ideals of self-preservation. No "one-for-all-and-all-for-one" schemes of the human mind regiment me to conform to their pre-organized programmings. No deadly emotional repetitions petrify my thinking into arthritic mental rigidities. God's Mind molded me for me to evolve myself, relying on It. I need no human directions for my salvation.

I am rooted in Wisdom's interests by which God's Love prepares for me the selections from which to choose my greater good. Turning first to God's Mind as my reason for being, I matter to God beyond man's estimations. My heart rejoices that my future is already ripe and rich for creative fulfillments.

I am now well oriented in the eternity-program which I am. Thank God who made it so.

*Fritz Hermanns*

*Thursday, May 28*

MY LIFE IS BALANCED

- *"To every thing there is a season, and a time to every purpose under the heaven."* —Ecclesiastes 3:1.

**A**S I AM indwelt by God and embody the Divine nature, I am indwelt by Universal Order and personify Its orderliness. The same Mind that sustains the wise balance of morning, noon and night, sustains in my life a beneficial balance of hours and activities.

When I work, I work wholeheartedly, thus with maximum ease and effectiveness. The rest of the time I release all workday concerns and enter fully into the spirit of each successive interest: study, meditation, exercise, recreation. Whatever pursuits Mind unfolds for my progress, growth and enjoyment, I delight in each in its season. During my active hours I give to Life the best of my consciousness, and as I sleep Life renews me according to the Divine image. When I sleep, I sleep well, relaxing into the deep serenity of knowing that Mind is forever mindful of me.

I trust Mind to supply me with right purposes and the power to achieve them. Every hour is meaningful, for every activity contributes to my balanced expression. With me all is well.

*Elena Goforth Whitehead*

*Friday, May 29*

I AM CLEAR THINKING AND CLEAR SPEAKING

- *"For there is not a word in my tongue, but, lo, O Lord, thou knowest it altogether."* —Psalm 139:4.

**P**ERFECT communication is sustained in every area of my life. That which I need to make known is done so with clarity and conviction. People cannot be misled by any lack of communication. This law enables me to understand clearly what people say and mean, so that I cannot be mistaken in what they are trying to convey to me. The power of communication is at all times sustained.

I am not reticent about my convictions, nor am I obnoxious in presenting them. Mind makes itself known because Mind everywhere is known. The One Intelligence always knows how to make itself manifest. I am part of its limitless thinking, therefore I have the right ideas to convey that which I want to establish. I am equally receptive to the ideas of other people. I accept or reject in perfect understanding. This clear knowingness sustains my full expression in all that I do. No confusion regarding semantics can interfere because the meaning of the words I speak is always understood, thus communication is sustained.

*Robert H. Bitzer*



*Saturday, May 30*

I AM NEVER ALONE

- “. . . Do not I fill heaven and earth? saith the Lord.”  
—Jeremiah 23:24.

**G**OD IS the Eternal Presence. There is no place where God is not. There is one Loving Heart, common to all, so there is no place where Love is not. If I go east, west, north or south, to the depths of the ocean, to the height of the stars, I am forever in the presence of Love. I am one with all people, all things, all activity, all nature. I am never alone.

I welcome the sounds of humanity around me: the voices, the traffic, the busy world. The heartbeat that sustains all living creatures is my heartbeat. The rhythm that surges through all creation is the rhythm of my pulse. The music of the universe sings through me.

The house of God is life. In this glorious place of living I experience no separateness, no aloneness. I am contentedness. I am happiness. I am completeness. I am love. For I am from the One, of the One, and *am* one with all there ever was or ever shall be.

*Ilomay Bailey Sims*

*Sunday, May 31*

I GIVE THANKS FOR HEALTH

- *"Then shall thy light break forth as the morning, and thine health shall spring forth speedily..."—Isaiah 58:8.*

I AM the embodiment of all that God is. Because I am created in the image and likeness of God I disregard rumors of disease or evil. My thoughts are not contaminated by error, and I am unaffected by weather or atmospheric conditions. Centering my attention on the goodness, kindness and wholeness in all people, I contribute my share to bringing a perfect world into visibility here and now. Erroneous thinking is nullified and truth is paramount. The soundness of my thinking is reflected in a healthy mind and body.

I consciously and subconsciously accept the truth that I am an indivisible, spiritual being, filled with life and vitality. Recognizing the infinitely wise and loving action of Divine Mind always operating in the universe, I staunchly maintain my faith in the goodness of God toward all creation. With renewed vigor I go about my work, and my thinking is based on the solid foundation of eternal truth. I rejoice in knowing that God is the light of my countenance and the health of my body.

*Erna Wissmann*

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*Thomas Troward*

*(In his book "The Creative Process in the Individual")*

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